



Rafflesia
INTERNATIONAL & PRIVATE SCHOOLS

SEKOLAH RENDAH RAFFLESIA KAJANG

Newsletter 2021

TRADITIONAL VALUES
GLOBAL VISION

STAR OF THE WEEK

Hana Safiya of Std-1R is outstanding in many ways.

She actively participates in class, always asks questions and shows much eagerness to learn. She has achieved excellent PBD-1 results with distinctions in all the subjects.

Her creativity in the Arts & Crafts CCA has earned both admiration and praises from students and teachers.

She is a very confident person, independent in character and easy to get along with.



Newsletter 2021
Semester 1, Week 10 & 11



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Principal's Message

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In terms of the core business of learning and gaining knowledge, the upcoming Mid-Semester break beginning on the 31 Mac 2021 would be an appropriate time for students to reflect on their achievements in the mid-semester that has passed, and also to ponder over the improvement plan for the coming second mid-semester.

Although there is no denial that school holidays are deserved break for students after a whole semester or half-semester of hard work juggling with assignments, projects and examinations; they can also be the time when lethargy and laziness begin to set in if not made use of wisely.

Let's enjoy the holidays, spend more time with family and friends and do the things you do not have time to do at normal times, but also let's not forget to ensure that there is continuity in stimulating the mind and body by engaging in healthy activities such as reading, doing research, sports, and of course holiday home works.



Health Info - Cold & Flu season

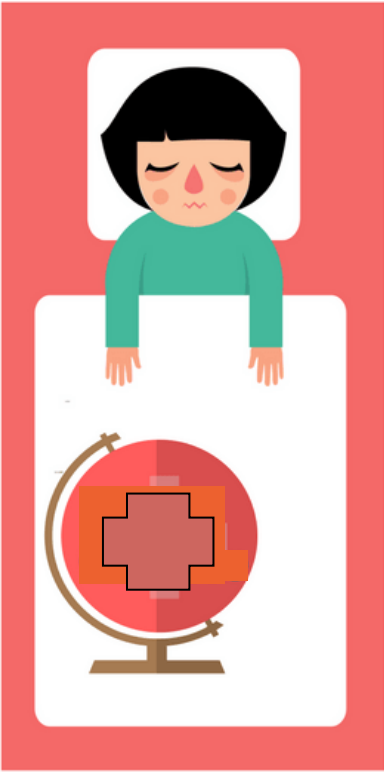
The prevailing trend of unpredictable whether-change from hot-and-dry to rainy condition can affect a person's general health, causing headache, sore throat and cough.











Parents and teachers are advised to encourage students to drink more water before PE lessons or outdoor CCAs. For any outdoor activities, it is advised that direct sun light must be avoided to prevent heat stroke.

Also, we believe that the Cold & Flu season is here due to the changing whether, and many students with symptoms of the above still present themselves at school. Kindly ensure that these students consult a doctor and stay at home until they are well.

School Nurse

Cold & Flu symptoms:



| COLD | FLU |
|--|---|
|  LOSS OF APPETITE |  MUSCLE PAIN |
|  SORE THROAT |  HIGH FEVER |
|  SNEEZING |  HEADACHE |
|  COUGH |  FATIGUE |
|  VOMITING |  CHILLS |



Health Info - Vision issue

We have arranged eye-test sessions for all our students last week. This was prompted by our observation that some of the students seemed to have difficulty reading the writings on the white board. The result is rather alarming. The test reveals that about 20% of them may have at least minor short-sightedness, and the school nurse recommends that parents take them for professional eye-testing.

The school will notify the parents concerned soon.



CCA

Other than sports CCA, SRRK CCAs are designed based on 2 main themes, i.e.

- Culture Exploration and
- Nature Exploration.

The existing non-sports CCAs of Chatterbox, Nature Club, Arts & Crafts, Culinary Arts and Public Speaking will be carried out based on the above themes most of the time. During all the CCAs above, opportunities will be created for students to talk about what they have read, speak on specific topics of interest; or perform tasks with outcomes leading to a better understanding of culture or nature.

The Nature Club CCA featured in this edition of the Newsletter provides an insight into the general direction of SRRK CCA in general.



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3R - Nature CCA

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**United
Nations**

**International Day of Forests
21 March**



In conjunction with the International Day of Forest on the 21 Mac 2021, the Nature CCA has decided to do something relevant, bringing our kids closer to nature.

Project: Terrarium
Towards understanding of a scaled-down ecosystem.



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3R - Nature CCA

**TRADITIONAL VALUES
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**United
Nations**

**International Day of Forests
21 March**

**Terrarium Project:
Some of the proud owners.**





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4R & 5R - Culinary Arts⁺

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Making
Potato salad
and
Vietnamese
Spring Roll



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1R - Science Class

**TRADITIONAL VALUES
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**United
Nations**

**International Day of Forests
21 March**

Some of the academic activities last week was in line with the theme for the 2021 International Day of Forests, which is "Forest Restoration: a path to recovery and well-being". The 1R Science lesson engaged students in preparing posters about animals & the body parts.



Preparing posters of animals . .



. . . and know their body parts.



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2R - Science Class

**TRADITIONAL VALUES
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**United
Nations**

**International Day of Forests
21 March**

Hands-on & on-site exploration . . .
Identifying / sorting of plants parts.





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2R - Music Class

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In this week's music lesson, students were introduced to Dynamics in music. They learnt a new song "John Jacob" which showcases a clear range of dynamics from loud to soft. To display the changes in dynamics, students went from standing straight to gradually bending down as the music gets softer.





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3R - Arts Lesson

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Std.3 Arts lesson last week was about imaginative composition expressed through lines and colour pencils.

Students are guided through a process of pattern designs, coloring and knife / scissors handling skills to produce the ultimate masterpiece - The Malay "Keris Taming Sari".



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4R & 5R - Arts Lesson

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T-Shirt colouring using acrylic material:





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5R - Moral Lesson

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Moral topic : Value of appreciation

What better way to thank Mom & Dad than handmade token of appreciation?