



**Rafflesia**  
INTERNATIONAL & PRIVATE SCHOOLS

# Newsletter 2021

**Sekolah Menengah  
Rafflesia Kajang**

## STAR OF THE WEEK

Loke Li Tong is both hardworking and unafraid to make mistakes. She always understands that learning isn't always easy, but trying her best will get her to where she needs to be. She accepts responsibility for her learning and brings her personality and energy into the classroom. She is a student who asks questions and the one who is not solely focused on her grade but on actual learning.



**Loke Li Tong**

**Form 5 Respect**

**Semester 1 Week 15 & 16**



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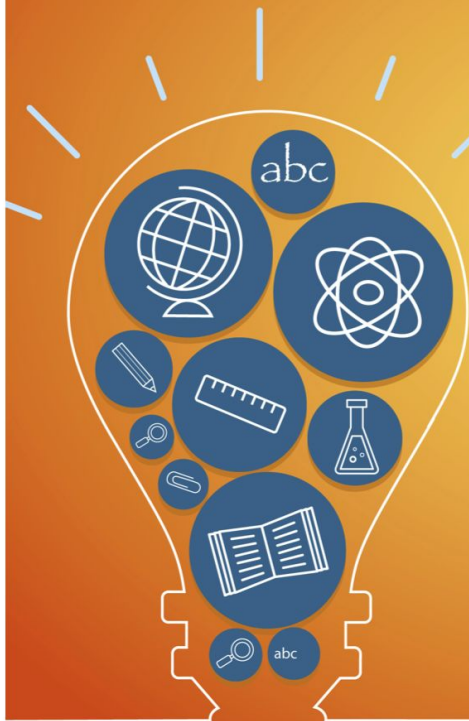


**Rafflesia**  
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FROM THE PRINCIPAL'S OFFICE

TRADITIONAL VALUES  
GLOBAL VISION

**Dear Parents and Guardians,  
greetings from Rafflesia.**



**The latest number of cases in the country was close to 2900 and Selangor recorded a total of 633 as of 22nd April, 2021.**

**It is a concern to all that these cases continue to rise. In school, we will continue to strictly enforce and monitor SOP to ensure a safe environment for our students and staff.**

**The recent 2-day school closure will not stop the learning process and we swiftly revive our Online Learning Tools to conduct virtual classes. While all students are at home learning online, we have done the necessary measures like sanitising the whole campus to ensure that our students can return back to a safe environment and resume classes as usual.**

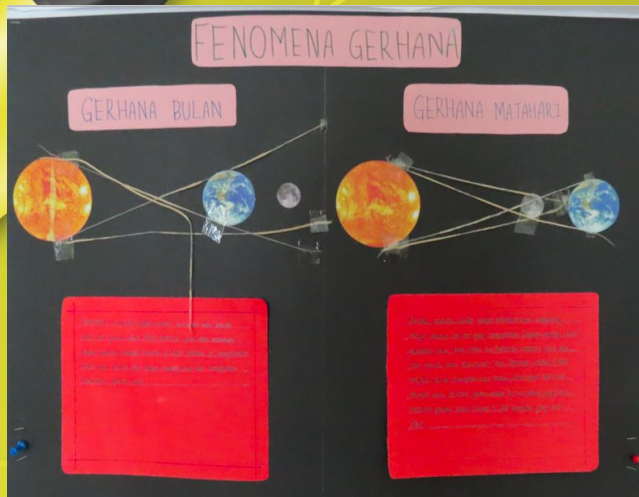
**We appreciate your cooperation and calmness in the recent order of School Closure. It is purely a standard of procedure that was put in place to ensure safety of all members of Rafflesia.**

**Thank you, stay safe and healthy.**

**Madam Zainab Batin  
Principal  
Sekolah Menengah Rafflesia  
Kajang**



**Geography Form 2 Group  
Project : Ciri Pandang Darat  
dan Budaya & Fenomena  
Gerhana**





### **Co-curricular Activities: Chess Club**

Chess Learning helps to develop thinking skills, enhances mental prowess and directly contributes to academic performance and makes people smarter in a variety of ways, like:

Learning to play Chess dramatically improves the ability to think rationally. Play Chess to learn and develop patience and thoughtfulness. There are at least 8 critical skills that students learn if they play chess namely problem solving, abstract reasoning, creative thinking, pattern recognition, strategic thinking, patience and calmness while under pressure.

Rafflesia Chess Club members will benefit from playing chess and hoping we can groom any of them to represents Rafflesia in competitions be that local or international.





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## SCHOOL EVENTS AND ACTIVITIES

TRADITIONAL VALUES  
GLOBAL VISION

### Co-curricular Activities: Chess Club





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## **SCHOOL EVENTS AND ACTIVITIES**

**TRADITIONAL VALUES  
GLOBAL VISION**

### Co-curricular Activities: Chess Club





### **Co-curricular Activities: Wushu**

Wushu (/ˌwuːˈʃuː/), or Chinese Kungfu, is a hard and soft and complete martial art, as well as a full-contact sport. It has a long history in reference to Chinese martial arts. It was developed in 1949 in an effort to standardize the practice of traditional Chinese martial arts, yet attempts to structure the various decentralized martial arts traditions date back earlier, when the Central Guoshu Institute was established at Nanking in 1928.

"Wushu" is the Chinese term for "martial arts" (武 "Wu" = military or martial, 術 "Shu" = art). Wushu has become an official event at the Asian Games, Southeast Asian Games, and the World Combat Games among other multi-sport events. At Rafflesia, students learn the art of this martial arts. It helps to build muscle strength as well as to discipline themselves in learning the art.





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## SCHOOL EVENTS AND ACTIVITIES

TRADITIONAL VALUES  
GLOBAL VISION

### Co-curricular Activities: Wushu







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## **SCHOOL EVENTS AND ACTIVITIES**

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### **Co-curricular Activities: Wushu**





### **Co-curricular Activities: 24 Season Drum**

The concept of the 24-Festival Drums, was created by two talented Malaysians; Mr Tan Chai Puan, a cultural activist, businessman, poet and cartoonist, and the late Mr Tan Hooi Song (passed away in August 2008), a renown musician who was bestowed the Warisan Orang Hidup award, by the ministry for his role in creating the 24-Festival Drums. They shared the same vision and, with missionary zeal, worked together to create the 24-Festival Drums in 1988.

With each drum representing one festival, a full team completes the cycle of 24 festivals in the lunar calendar that for thousands of years has guided the agricultural activities of the Chinese. Rafflesia introduced the art of drumming to the students as well as a sport. The rhythm of hitting the drums in tandem bring about the festival mood that it portrays.



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### Co-curricular Activities: 24 Season Drum





## **KSSM Science Practical : Paper 3**

Practical science activities have huge significance in the learning process. They engage students, helping them to develop important skills, understand the process of scientific investigation and develop a broad understanding of scientific concepts. Starting year of 2021 an additional paper will be introduce for students who will be sitting for SPM this year.

In Rafflesia, the same assessment are being introduce to Form 4 and 5 STEM to ensure students are prepared well to sit for their SPM Practical Examination.



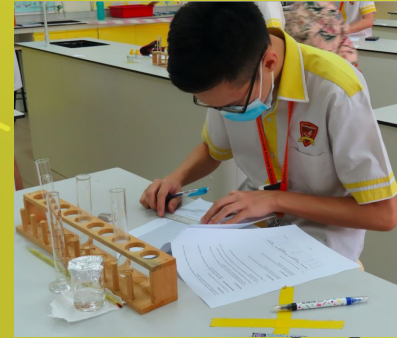


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### Science Practical : KSSM New Paper 3





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## **KSSM Science Practical : Paper 3**



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## Mathematics: Problem Solving (Ratios, Rates and Proportions)

**DAILY EXAMINER**

### SEVEN BEHIND BARS AFTER BANK HEIST

A group of seven English fraudsters were arrested in a 5am raid on a Milan hotel yesterday morning. Police targeted Armani Hotel Milano in the early hours after a tip off from locals regarding the location of 'The Southampton Seven'. 'Audacious' Alan Aaronsen, 'Brilliant' Bobby Brown, 'Gorgeous' Cathy Clump, 'Daring' Daniel Daniels, 'Excellent' Ellie Effington, 'Fantastic' Freddie Funderelli and 'Glamorous' George Griffin held up seven banks in a two-month period leaving police scratching their heads in seven different countries.

**Your Task:** Using the information below, answer these questions:  
a) How much did the bank robbers steal in total?  
b) Who has the most money in total from the robberies?  
c) If each robber is given a sentence of 1 year's imprisonment for every €3m of stolen money, how long will each robber spend behind bars?

Location	Involved	Amount	Ratio
Madrid, Spain	Alan, Cathy, Ellie, Freddie	€10m	1 : 1 : 1 : 2
Paris, France	Bobby, Cathy, Freddie, George	€21m	2 : 1 : 1 : 3
Prague, Czech Republic	Daniel, Freddie, George	€12m	1 : 3 : 2
Milan, Italy	Alan, Bobby, Cathy, Daniel, Ellie, Freddie, George	€80m	3 : 5 : 1 : 3 : 2 : 2 : 4
Berlin, Germany	Alan, Daniel, Ellie	€24m	2 : 1 : 3
Zurich, Switzerland	Cathy, Ellie, Freddie, George	€18m	2 : 3 : 1 : 3
Munich, Germany	Alan, Bobby, Cathy, Daniel, George	€75m	3 : 5 : 1 : 3 : 3

Students were divided into 2 groups to solve a problem given related to Form 1 Maths, Chapter 4 Ratios, Rates and Proportions. The question is about robberies that happened in different countries. Students presented their solutions through Keynote and their teacher gave them feedback. Overall, students did a good job in the presentation and they enjoyed solving the problem.



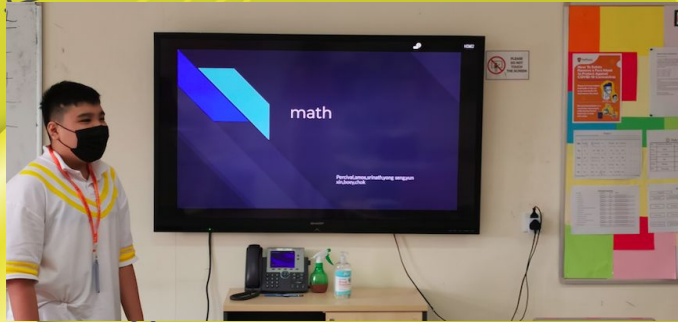


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## SCHOOL EVENTS AND ACTIVITIES

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### Mathematics : Presentation (Ratios, Rates and Proportions)







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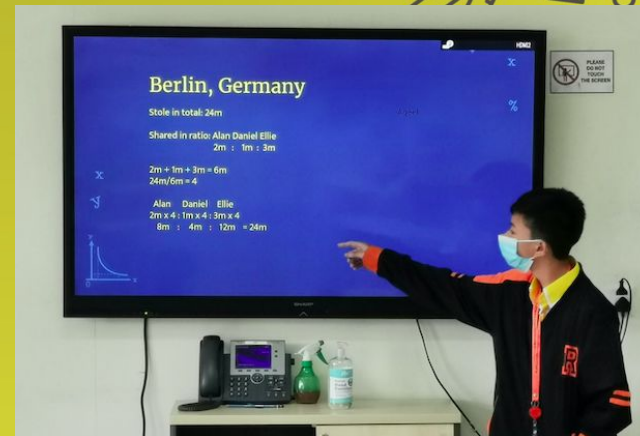
## SCHOOL EVENTS AND ACTIVITIES

TRADITIONAL VALUES  
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### Mathematics : Presentation (Ratios, Rates and Proportions)



- Form 1 students presenting their solutions to the problems.



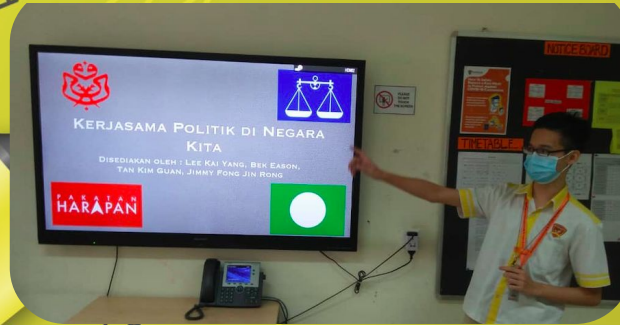


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## SCHOOL EVENTS AND ACTIVITIES

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### History : Presentation on Politics Cooperation in Malaysia



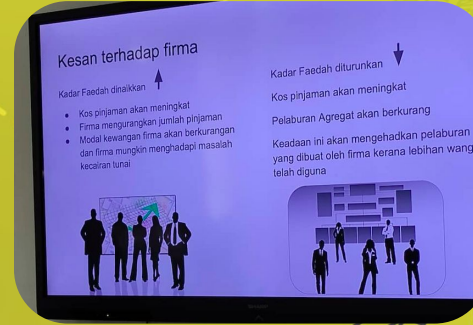


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## SCHOOL EVENTS AND ACTIVITIES

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# Economy : Presentation on Effect of Interest Rates in Economy





## **TAKING CHARGE OF STRESS AND ANXIETY**

The coronavirus outbreak and the escalating measures taken to manage the pandemic may cause high levels of stress for us all. Fear and anxiety about illness, as well as the uncertainty and changes that affect our study or work, can be overwhelming. However, there is always something you can do to address these feelings.

### **CHANGE YOUR THINKING:**

- Accept the feeling anxious is a natural response to uncertainty.
- Focus on taking it one day at a time.
- Remind yourself of challenges you have overcome before.
- Remember that you can choose how you respond to stressful situations.
- Separate real risks from the unlikely threats that your mind is creating.
- Recognize that this is temporary and will pass.
- Appreciate anxiety as an alert that helps you find ways to address stressors.





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**FROM THE COUNSELOR  
OFFICE**

**TRADITIONAL VALUES  
GLOBAL VISION**

## **TAKING CHARGE OF STRESS AND ANXIETY**

### **CHANGE YOUR BEHAVIOR:**

- Stay connected to your loved ones.
- Pause and focus on the present moment.
- Try a relaxation or meditation technique.
- Maintain a regular daily routine.
- Watch something funny or inspirational about the situation.
- Take care of yourself. Eat healthy, exercise and avoid excessive substance use.
- Ask for help if you need it.
- Find ways to help others.
- Limit your exposure to news about the virus.



## Cold & Flu Symptoms



### COLD



LOSS OF  
APPETITE



SORE  
THROAT



SNEEZING



COUGH



VOMITING

### FLU



MUSCLE  
PAIN



HIGH  
FEVER



HEADACHE



FATIGUE



CHILLS

Influenza (Flu) and COVID-19 are both contagious respiratory illnesses but they are caused by different viruses. COVID-19 is caused by infection with a new coronavirus (called SARS-CoV-2), and flu is caused by infection with influenza viruses.

Because some of the symptoms of flu and COVID-19 are similar, it may be hard to tell the difference between them based on symptoms alone, and testing may be needed to help confirm a diagnosis. If you have any of these symptoms, inform School authority, stay home and rest. Positive COVID-19 or if you come into contact with one to inform School Authority and to get further advice from MOH or nearest District Health Office.



○ ***Important Reminders***

- **Midyear Examination 2021**  
**26th April - 7th May, 2021**
- **SMRK & Hari Raya Holidays**  
**8th - 16th May, 2021**
- **Midyear Holidays**  
**29th May - 13th June**
- **Examination Booster Class (Form 3 and 5)**  
★ **1st - 2nd June, 2021**



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**Weekly Challenge**  
**“Answer to a Brain Teaser ”**

**TRADITIONAL VALUES**  
**GLOBAL VISION**

**Twelve apples  
hanging high, twelve  
men passing by**



**Each took an apple  
and left eleven  
hanging there**



**How can  
this be?**

Riddlester.co

**Answer: Because only  
Each took an apple. The  
rest just pass by.**





# BRAIN TEASER



**Look at this series:**

**7, 10, 8, 11, 9, 12, ...**

**What number should come  
next?**



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