



# Newsletter

**NEWSLETTER 2020/21  
TERM 2, WEEK 10**

## PRIMARY

The Star of the Week Award goes to Rudhra Senna Prasanth from year 4 Respect. Rudhra joined Year 4 whilst we were online and has adapted very well and quickly to our class. He always strives to do his very best and is respectful towards his peers and teachers. Rudhra takes pride in submitting all his work on time and is dedicated and responsible towards his learning. He has been resilient in all he does during his classes and has been a great role model for others. Keep moving forward Rudhra, you are on the right track! Well done!

## STAR OF THE WEEK



**Rudhra Senna Prasanth**



### SECONDARY

The Star of the Week Award goes to Samitha d/o Thavanayagam from year 7 Respect. In English lessons, she showed keen interest and participated actively during her lessons in the last few weeks. She also welcomed the challenges in the Mandarin lessons and put in her best in spelling tests. She is indeed a very promising young girl. We all wish her a great learning journey ahead and well done!

### STAR OF THE WEEK



Samitha d/o  
Thavanayagam



Dear Parents /Guardians,

It was awesome to see have the students back to school. The term two assessments are over and the school will be back to its usual routine, although in a busy international school things are never really a 'routine'. There has been a good buzz and energy about the school in the past week with students being busy with their exams and lessons. The Early Years had their Coffee Morning during which they presented their artwork, singing skills with differing slow and fast notes and Mandarin. It was great to see their confidence. Coffee Morning for Mileposts 2 and 3 will take place virtually next Wednesday, 17th April, and we hope to see many of you.

As you are aware, Checkpoint and IGCSE examinations are just around the corner, and the teachers and students are busy with past year paper revision. It is crucial for the students to attend school daily. I have spoken to our Year 9 and IGCSE students and informed them the study momentum and exam revision must be continued as usual. This is to prepare themselves for the examinations that will be determining their future.

Our Science Week Exhibition been postponed to term 3 as we would like to focus on preparing the students for upcoming external examinations. The International Day will be held on the 9 April. Homeroom teachers will be in communication with you regarding the details. In the meantime, kindly remind the students to practise good personal hygiene, wash their hands, sanitise their hands, use tissues and stay at home. If they're feeling unwell, please consult a doctor immediately.

We appreciate your continuous support and understanding during the pick up. A request for walk in parents to please park your cars after the main gate to ease the traffic flow. Please refer to the attached illustration. Kindly email us at [principal.puchong@rafflesia.edu.my](mailto:principal.puchong@rafflesia.edu.my), if you have any queries or concerns.

Regards,  
Ms.Chandra Veerappan







**Rafflesia**  
INTERNATIONAL & PRIVATE SCHOOLS

# STUDENTS' PICK UP

TRADITIONAL VALUES  
GLOBAL VISION

Drive-In Parents Please Queue Here.  
Gate Will Be Opened For  
Drive-In From 3.40pm Onwards

For Students Who  
Are Walking Out  
(3.30pm to 3.40pm)

Walk-In Primary School  
Parents Please Park Your  
Cars Here Or Opposite  
The Road

GATE 1

International School Parents  
Waiting Area

Private School Parents  
Waiting Area



# Nursery



**IEYC Theme: Once Upon A Time**

This week during IEYC lessons, nursery students watched the story of The 3 Billy Goats Gruff. Students learnt to retell the story using the puppets they made.





IEYC Theme:  
Ocean Treasures



For IEYC lessons this week, the children collected seashells and made their own patterns and pictures! Well done children!





## ART: Drawing using the basic shapes



**SKYLER**



**VARIESH**



**ARSHMIEKA**

Students learnt how to do animal drawings by using the basic geometrical shapes. They identified the shapes to construct the head, body and the tail of the chameleon.



**KAZEN**



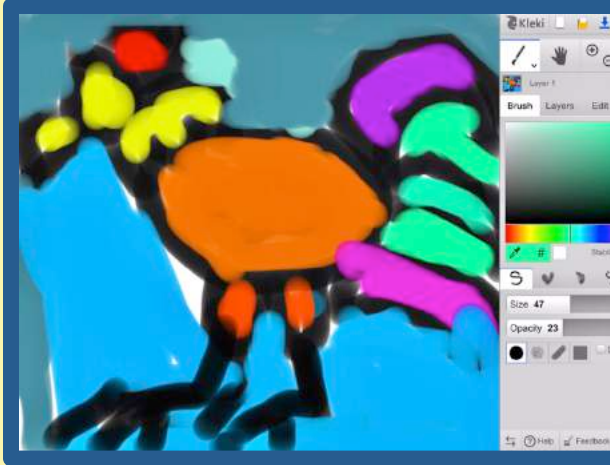
**FREYA**



**JAVEN**







**SKYLER**



**ADEEN**



**SOFEA**



**FREYA**

**Drawing a rooster by using the basic geometrical shapes.**



**KAZEN**





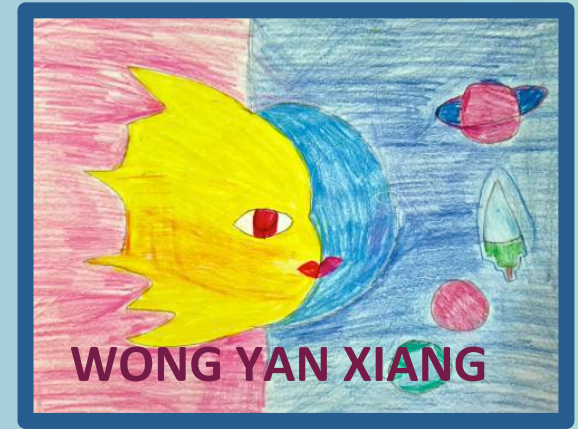
## ART: COLOUR THEORY & DESIGN



CISY



HUBERT



WONG YAN XIANG

Students practised their skills in colouring their artwork by applying the Cool & Warm colour theory.



WONG YAN XIANG



TAN QI YUAN

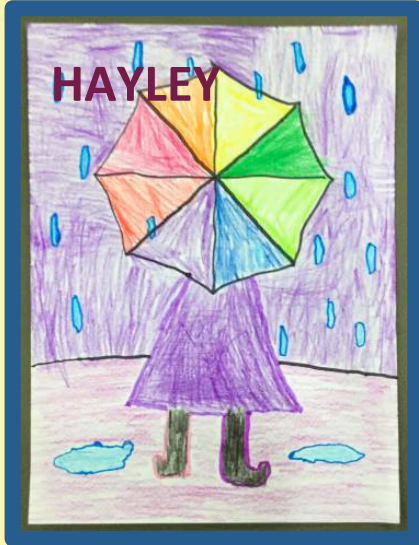


TAN QI YUAN

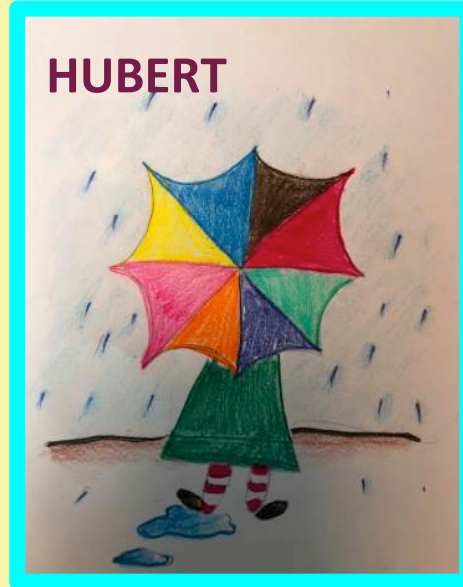




# YEAR 2



**HAYLEY**



**HUBERT**



**WONG YAN XIANG**



**TAN QI YUAN**



**DILAN**

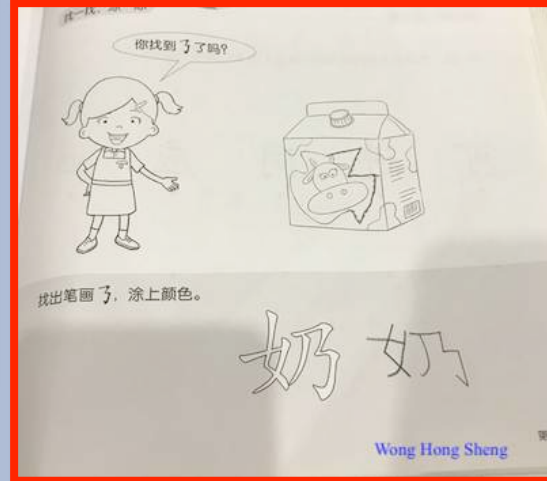


**HUBERT**

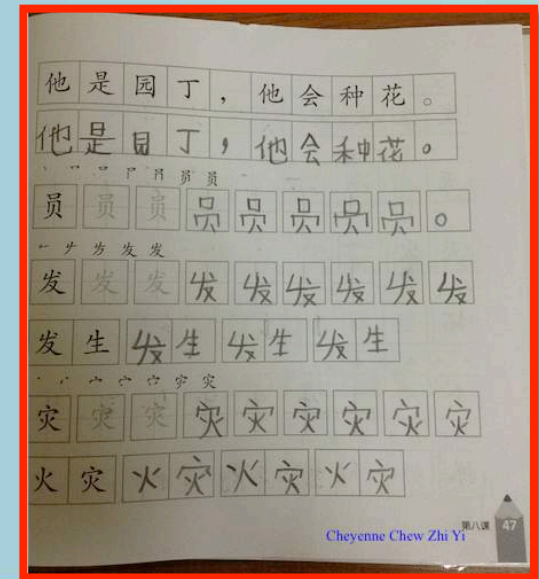
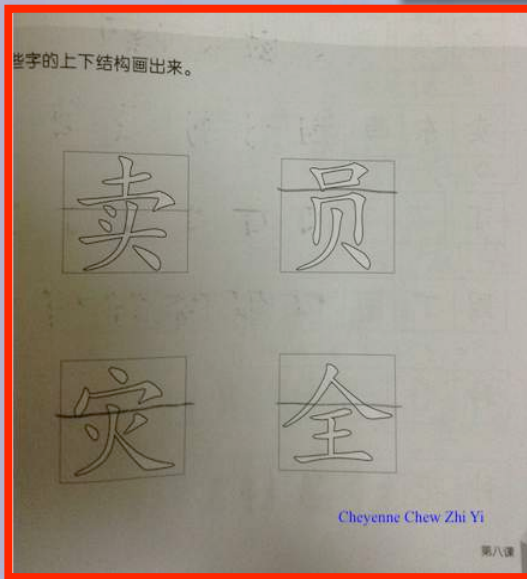


# Year 3

Students did an online spelling test after they practised word strokes and word structures.



1. 要 [yào]
2. 不要 [bù yào]
3. 牛奶 [niú nǎi]
4. 奶茶 [nǎi chá]
5. 豆 [dòu]
6. 进 [jìn]
7. 完 [wán]
8. 炒饭 [chǎo fàn]





我的花园也很干净，  
我的梯级也很干净。

By : Nikki



我的花园里有花  
和鱼，有的时候  
我会喂我的鱼，  
我的爸爸会把草  
修剪好。



龙儿 Hao Long Er

Students  
described  
the  
environment  
in which  
they live.

我住在LATHEA  
公寓，院子里有高的  
树，五彩缤纷的花朵，  
还有绿绿的草。  
这里非常干净，因为  
有清洁工一直在打  
扫。我每天和我的哥  
哥还有很多好朋友在  
这里玩耍。

我居住的环境🥰❤️



我的客厅很干净也很整洁。  
我的客厅虽然不大，但很舒服。

By: YX





Students last week were busy preparing for their exams during online classes. To help our students be prepared for the exam we did a Nearpod course on what types of questions might be in the exam and how to answer them.

**Megan Lee Jing Swen**

**Hemeindraa a/I Saravanakumar**

How long does it take to get from Sutton to Morden South?

**57** minutes

1 mark

**Tan Qi Bing**

23. Calculate  $861 \div 7$

$$\begin{array}{r} 123 \\ 7 \overline{) 861} \\ \underline{7} \phantom{00} \\ 16 \phantom{0} \\ \underline{14} \phantom{0} \\ 21 \\ \underline{21} \\ 0 \end{array}$$

**123**

1 mark

2. Calculate  $467 + 78$

$$\begin{array}{r} 545 \\ \downarrow \end{array}$$

$$\begin{array}{r} 467 \\ + 78 \\ \hline 545 \end{array}$$

1 mark





During week nine, in their mathematics lessons, the year six students were learning about the topic 'Time'. After going through time zones, time conversions and time calculations, they also produced a presentation focusing on different types of time devices.



Pang Ruo Qing

( Alarm Clock )

An alarm clock is a clock with a device that can be made to sound at the time set in advance, used to wake someone up. You can set the timer and it will wake you up when you're sleeping!



( Digital watch )

A digital watch is a watch, that displays time in the form of numbers. Digital watches can be powered and operated by solar energy without requiring batteries. It can help you see your heartbeat, how many steps you've made, and you can listen to music too!



Eishal Zahraa Binti Faizal

This is an old watch before apple watches were even made. The First Ever Watch Was a Piece of Stone (Kind Of). Wristwatches were originally made for women. In the modern world, just about everybody wears wristwatches. In the past, this was not the case. As we mentioned above, pocket watches dominated the industry for a long time. When the wristwatch came along, its primary purpose was to decorate the wrists of women, who generally did not carry pocket watches. It was only after a few decades that men decided that they would like watches on their wrists too.



All that time-checking and app-using really takes it out of a smartwatch. Despite Apple's attempts to extend the longevity of the Watch's battery, you'll probably still need to charge it every night. While Apple says the Watch will deliver 18 hours of battery life during a combination of time checks, notifications, app use, and workouts with music playback, it really depends on which features you use and how often.

Katelyn Eliana Ng

### History of clocks



Sundial: it was used thousands of years ago. It uses shadows to tell the time.



Hourglass: it was invented in the 8th century by a monk. It uses sand to tell time.



Pocket watch: it was invented in 1510. It had to be wound up frequently.



Modern watches: now watches use algorithms to tell time. Lots of watches also have a digital screen.

See Shao Jie



### Pomander watch

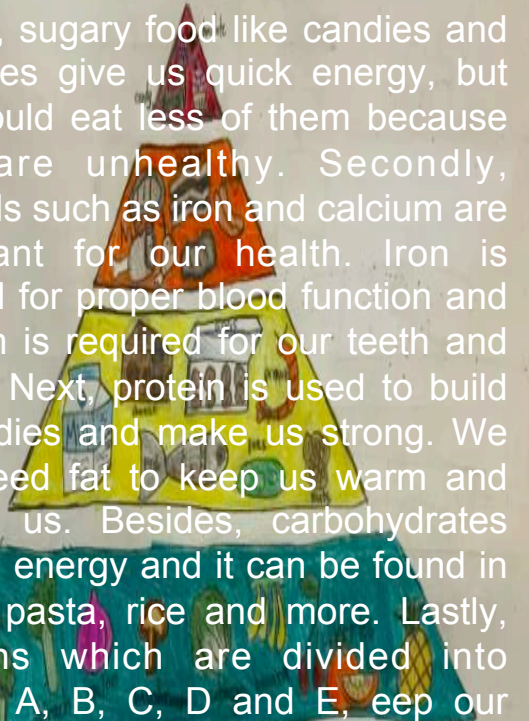
The Watch 1505 is the world's first watch. This watch is used to measure time and the person who made it is Peter Henlein. Peter Henlein was born in 1485 in Nuremberg and he's known for making the first ever clock and being a clocksmith from Germany.





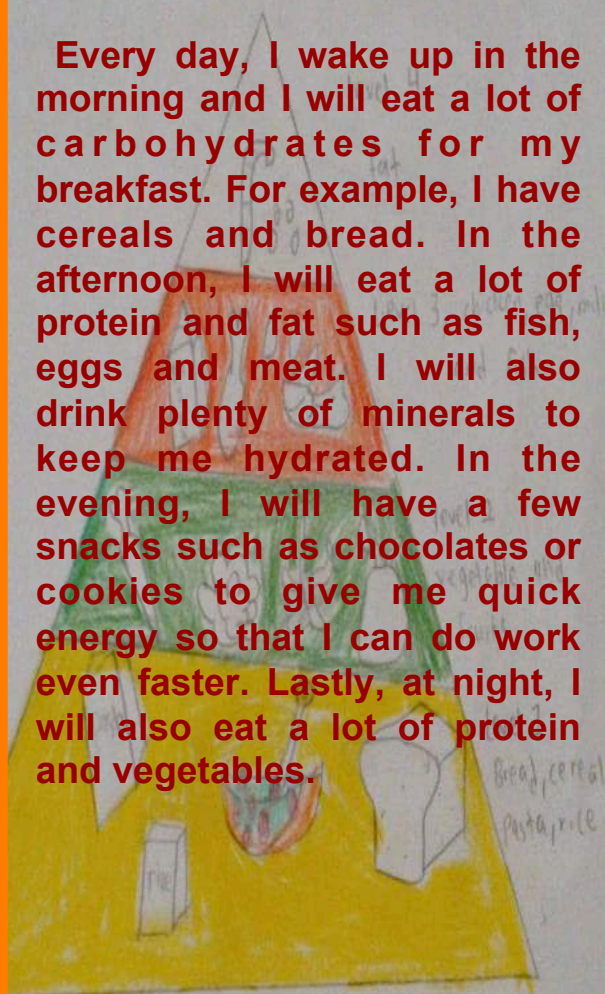
Students were asked to draw a food pyramid based on their personal diet and talk about it.

Firstly, sugary food like candies and cupcakes give us quick energy, but we should eat less of them because they are unhealthy. Secondly, minerals such as iron and calcium are important for our health. Iron is needed for proper blood function and calcium is required for our teeth and bones. Next, protein is used to build our bodies and make us strong. We also need fat to keep us warm and protect us. Besides, carbohydrates give us energy and it can be found in bread, pasta, rice and more. Lastly, vitamins which are divided into groups A, B, C, D and E, keep our body healthy.



Lee Jia Bao Bernice

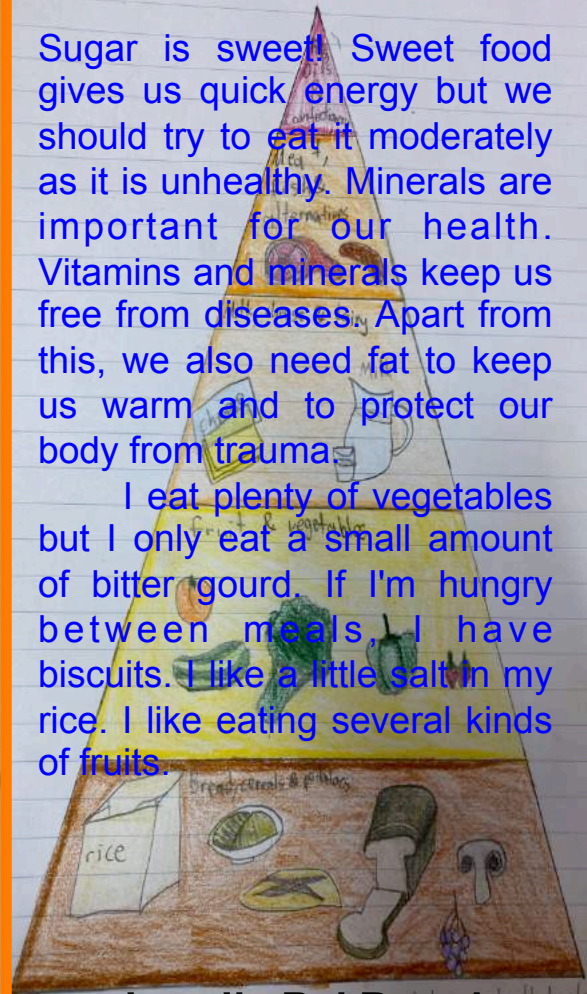
Every day, I wake up in the morning and I will eat a lot of carbohydrates for my breakfast. For example, I have cereals and bread. In the afternoon, I will eat a lot of protein and fat such as fish, eggs and meat. I will also drink plenty of minerals to keep me hydrated. In the evening, I will have a few snacks such as chocolates or cookies to give me quick energy so that I can do work even faster. Lastly, at night, I will also eat a lot of protein and vegetables.



Gabriel Bong Jian

Sugar is sweet! Sweet food gives us quick energy but we should try to eat it moderately as it is unhealthy. Minerals are important for our health. Vitamins and minerals keep us free from diseases. Apart from this, we also need fat to keep us warm and to protect our body from trauma.

I eat plenty of vegetables but I only eat a small amount of bitter gourd. If I'm hungry between meals, I have biscuits. I like a little salt in my rice. I like eating several kinds of fruits.



Lee Jia Bei Brenda






## INSTRUCTIONAL WRITING

Students were asked to do an illustration based on their instructions to find a treasure.

### Hidden Trails



1. You first need to head straight to a sign post, then go in the direction that says Fishing Lagoon, it will point you to the quickest route, or you might get lost.
2. Once you reach there, you need to get the axe that's under the lake.
3. After that, you'll need to go to a dark cave, where you will meet a huge bear, you need to kill in order to enter the cave.
4. Once you enter the cave, there will be another map that will show you the route through the forest to avoid all of the venomous snakes. You will then find the treasure.

**Lau Jun Bond**

24 February 2021


### Treasure Trails



By: Christiano

At First You Start From Your Ship Then You Need To Go To The One And Only Tiny Chilling Island It Have A Big Flag At The Small And Tiny Ship Stop, Then When You Get Off Your Ship You Walk Straight Until You See Another Flag Then When You See The Flag You Need To Go Down The Ladder And After You Are At The Bottom You Need To Open The Door Then You Go In The Tiny Room The Key Will Be There After You Get The Key You Need To Go Back To The Ship But Be Careful There Are Some Traps On The Floor. When You Get Back To Your Ship You Need To Travel To The Next Island Which Looks Like A Cavern House You Need To Be Aware Of Them Because When They See You Your In BIG Danger After That You Will See Tall Mountains Climb The Middle Mountain And There Will Be A Big Hole Jump Down The Hole But Be Careful You Might Land On Your Head If You Know Where To Jump You Will Reach The Bottom When You Reach The Bottom Use The Key To Open The Door And Your Treasure Is There

### RICHES THROVE




1. IF YOU ARE LOOKING FOR THE TREASURE YOU SEEK YOU MUST FOLLOW THESE INSTRUCTIONS YOU SEE.
2. SWIM THROUGH THE DEEP OCEAN BUT TO BE IN BETWEEN WEST AND EAST AT THERE ARE FAMILIES OF SHARKS THERE.
3. SINCE YOU REACH THE SHORE BE SURE TO GET OFF AT YOU MIGHT GET SICK, CONTINUE YOUR PATH IN NORTH-WEST FOR ABOUT 1 METER AND YOU SHOULD REACH THE ROCKY MOUNTAINS.
4. ONCE YOU CLIMBED UP AND DOWN THE MOUNTAIN YOU CAN CONTINUE IN NORTH-EAST FOR TWO METERS, LOOP BE LOOP AROUND THE TALL TREES TO AVOID ANY POTENTIAL SCORPIONS.
5. TWO FEET AWAY FROM THE DENSE FOREST ON THE EAST SIDE YOU CAN FIND THE X-POINT.

Dig THIRTY FEET DOWN AND THERE YOU HAVE IT, A HIDDEN TREASURE.

**Foo De Mi**

### Secrets of the hidden treasure



if you want to find the chest you seek Then, surprise! Here's a quest for you to peek. If you wish to find the treasure Follow the trail of the river of the exploding volcano to your own pleasure To the East of the mossy cave and the West of death Trove. You'll find countless amounts of humanly shaped stones, And in the pond is a land of cones. Beware! Sharks and traps dwell there, hungry and starving, so make sure you don't get a carving. If you manage to get through the traps, go inside the piles of rocks. Congratulations! You found your treasure. Hope you have a shovel, or you might be muddled.

**Pearl Diya Anoop**







# Year 8: ICT

Valeriya

Name	Number	
Kate	1	2
John	6	
Anna	3	
Yanna	17	
Bob		

=COUNTIF(A1:B6,">3")

Maximus

Wong Qing

IF(B2>5, "Very experienced", "Not experienced")

Jin Xen

Khov Jin Xen

=COUNTIF(B2:B6, "<3")

The students has been learning about the IF and COUNTIF functions in Microsoft Excel. They wrote the formula on [whiteboard.fi](http://whiteboard.fi)

Qiao Jie

=COUNTIF  
(B2:B6,  
">3")

Hew Qiao Jie





Natalie Hew

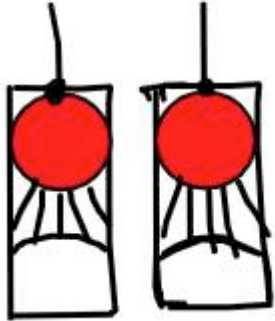
IF(B2>2,"very experienced","Not experienced")

Joey Lim

Countif(B2:B6,">3")

=countif(B1-B5,">3")  
=if(B2>5,"experienced is 5","not experienced is lesser than 5")

=IF(\*click Joey's 3\*>5,"very experienced","not experienced")



Hew Qiao Jie

=COUNTIF(B2:B6, ">3")

Hadif

=if (B2 >5, "Experience", "Not Experience".)  
. .

# Year 8: ICT





# Year 9 Mathematics

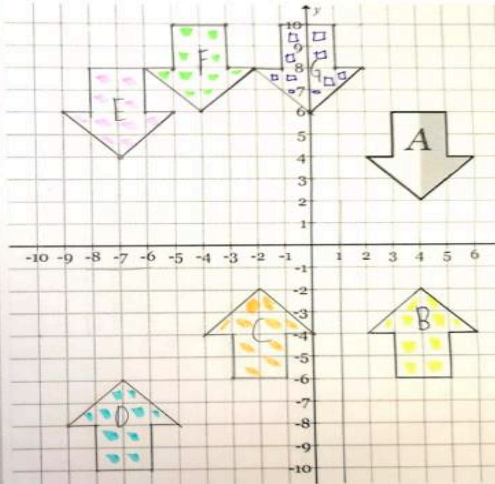
Students learned how to transform 2D shapes by combinations of rotations, reflections, enlargement and translations.

**Yan Qi**



1. Reflect A in the x-axis to get B.
2. Reflect B in the line  $x = 1$  to get C.
3. Translate C by the vector  $\begin{pmatrix} -5 \\ -4 \end{pmatrix}$  to get D.
4. Reflect D in the line  $y = -1$  to get E.
5. Translate E by the vector  $\begin{pmatrix} 3 \\ 2 \end{pmatrix}$  to get F.
6. Reflect F in the line  $x = -2$  to get G.
7. The treasure is where arrow G points.

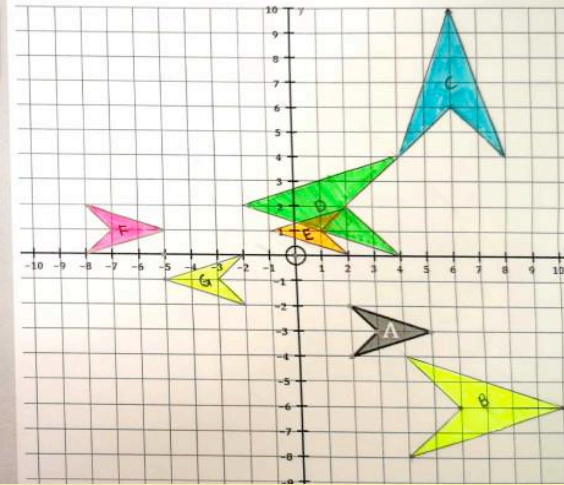
The treasure is at coordinate  $(0, 6)$



**ANISA**

1. Enlarge A by scale factor 2, centre  $(0,0)$  to get B.
2. Rotate B  $90^\circ$  anticlockwise about the origin to get C.
3. Reflect C in the line  $x + y = 8$  to get D.
4. Enlarge D by scale factor  $\frac{1}{2}$ , centre  $(0,0)$  to get E.
5. Reflect E in line  $x = -3$  to get F.
6. Enlarge F by scale factor  $-1$  about  $(-5,0)$  to get G.
7. The treasure is where arrow G points.

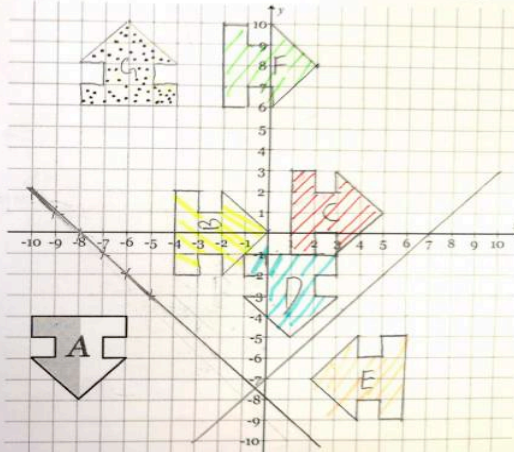
The treasure is at coordinate  $(-5, -1)$



**Jerry**

1. Reflect A in the line  $y = -x - 8$  to get B.
2. Translate B by the vector  $\begin{pmatrix} 5 \\ 1 \end{pmatrix}$  to get C.
3. Rotate C  $90^\circ$  clockwise about the origin to get D.
4. Reflect D in the line  $y = x - 7$  to get E.
5. Rotate E  $180^\circ$  about the point  $(2,1)$  to get F.
6. Rotate F  $270^\circ$  clockwise about the point  $(-3,5)$  to get G.
7. The treasure is where arrow G points.

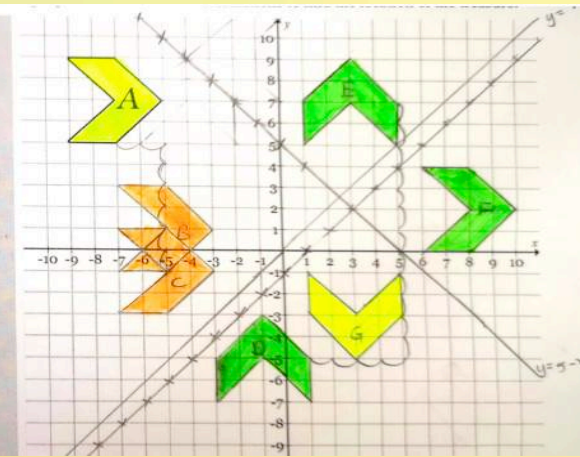
The treasure is at coordinate  $(-4, 10)$



**Cheng Jiun**

1. Translate A by the vector  $\begin{pmatrix} 2 \\ -6 \end{pmatrix}$  to get B.
2. Reflect B in the line x-axis to get C.
3. Reflect C in the line  $y = x$  to get D.
4. Translate D by the vector  $\begin{pmatrix} 4 \\ 12 \end{pmatrix}$  to get E.
5. Reflect E in the line  $y = x - 1$  to get F.
6. Reflect F in the line  $y = 5 - x$  to get G.
7. The treasure is where arrow G points.

The treasure is at coordinate  $(3, -5)$







# YEAR 10: MALAYSIAN HISTORY

## The Objective of the National Foreign Policy

- 1) To safeguard, defend and promote Malaysia's interest in the international arena
- 2) To safeguard and defend Malaysia's independence, sovereignty and security
- 3) To defend the principle of respecting the independence and sovereignty of the territory through the policy of non-interference in the internal affairs of other countries
- 4) To address political, economic, security and social development and challenges at the international level
- 5) To defend and advance the rights, interests and aspirations of Malaysia in all areas
- 6) To foster good relations and to enhance cooperation with other countries



by "Adrianna"





# Year 10: Malaysian History

## South South Cooperation (SSC)

The role of SSC is to protect the economic interests of the developing countries to counter pressure from developed countries such as Japan, US and Britain.

The resolution proposed for the establishment of the SSC are:

by "Khalyaani"

- (a) To improve the economic conditions of developing countries.
- (b) To counter the problem of volatility of raw materials due to pressures from developed countries.
- (c) To find ways of settling the debts of developing countries.
- (d) To establish a South-South Commission to advance recommendations on countering pressures from developed countries.





Students in Global Perspectives have been completing their second piece of coursework; this is a reflective account of how they worked on a team task, including how successful their team task was, how well they worked as a team and what they could do to improve on a future similar task. As part of the planning students also conducted a wide range of research into cultural perspectives. Below are some extracts from their reflective accounts.

### Learning About Different Cultural Perspectives

At first, I thought that each culture would have similar views about physical activity as it is a vital part of our lives. However, after conducting interviews with students from different cultures, I realised that there are some differences. For example, the Muslim student said that she tends to avoid certain sports that required them to wear skin-tight clothes, which are prohibited in her culture. Her participation in sports was also affected as she had to pray five times a day.

Additionally, when I was researching the western cultural perspectives on physical activity, I stumbled upon a culture from Barbados. In their culture, being overweight is considered attractive and a sign of good health, which leads to people avoiding physical activity to maintain that overweight physique (Sharma. A,2012). This shocked and perplexed me because of how different their perspectives were compared to my culture, as we never associate good health with obesity. Hence, this has taught me to respect every culture as everyone has unique perspectives towards the issue.

For my Global Perspectives team task coursework, my team decided to create a website for our outcome. The aim of this outcome was to encourage adolescents to participate in more physical activities during school time and outside school. Overall, the aim of the project was partially achieved.

The main limitation while we were planning and implementing the project and outcome was the MCO (movement control order) due to the Covid pandemic. I believed this limited our ability to fully achieve our aim due to social distancing which is present during many physical activities for the question sports and recreation.

Nicole Ong Wen Yi

Hermione Tan Xue Teng



## Reflections about Different Cultural Perspectives

At first, I thought that food wastage was an easy topic and that the cultural perspectives of the countries all around the world would be similar, but there were many interesting differences. For example, I was surprised by the fact that the food wasted in India was equivalent to the entire food consumption of the United Kingdom (Heblikar, 2019) because I used to think that the people in India were mostly poor and living in poverty which may also lead me to think that they would not have much money for food.

Furthermore, I was also astonished by the wide range of solutions for food wastage. For example, the solutions I knew before our presentation were saving food for leftovers and donating them to the needy. However, we also found another alternative called a charity fridge which exists in the UK (Kaufman, 2019) which I would also consider being a cultural difference.

Aside from that, we also discovered many similarities between cultures such as the amount of food wasted during festivals as all cultures have one. For example, 20,087.5 tonnes of food were wasted daily during Ramadan (Pillay, 2018) and a huge amount of food is also wasted on weddings in India as weddings are a big part of India's culture (Popescu, 2019).

Andrew Yong Zhen, Loh

## Learning from the projects as a whole

Before working on this project, my team and I hesitated to choose this topic as most of us waste food quite often. However, we decided to choose "food wastage" instead of other issues related to water, food and agriculture because not only this would inspire the students to stop wasting food, it would also motivate us to do so too as we had researched a lot regarding this matter.

I have learned that millions of people suffer from malnourishment and being underfed because of lack of food and poverty (Grundig, 2018). This teaches me to be grateful and to respect food, as not everyone can have a proper meal. However, people tend to throw food even if the food is still perfectly edible just because 'it doesn't look nice' or because 'it doesn't taste good' (Astala. F, 2017).

Nevertheless, I have discovered that we can stop wasting food by doing simple things. For example, we can use a charity fridge to reduce food wastage and feed the needy as you can give food and take food from it. We can also donate food to the needy; this helps the needy and helps people who can't finish their food (Jo-Lyn. N, 2015). Respect for food is a respect for life, for who we are and what we do (Keller. T).

Nur Nazeeha Binti Nazim



**HAPPY INTERNATIONAL WOMEN'S DAY!**

**Kamala Harris**



By now everybody has heard the name Kamala Harris. She has since made history as the first woman, first African American, and first Asian American to become the vice president of the United States. She has also since become the world's highest-ranking female official in US history.

**Naomi Osaka**



23-year-old Naomi Osaka has made quite a name for herself as she was named Forbes's highest-paid female athlete in 2020. She was born to a Haitian father and a Japanese mother. She has since gone on to win both the Australian Open 2019 and 2021.





## AFTER 1 OR 2 NIGHTS OF LESS SLEEP, YOUR CHILD MAY:

- Have more meltdowns.
- Make poor choices.
- Zone out in class.



- Forget what they learned.
- Have trouble with sports and games.
- Get into arguments.

## SLEEP RECHARGES KIDS' BODIES AND BRAINS SO THEY CAN:

- Feel calm and refreshed.
- Make good choices.
- Have a healthy weight.
- Pay attention in school.



- Remember what they learned.
- Do better in sports.
- Avoid getting hurt.
- Feel good about

## KIDS WHO ARE SLEEP-DEPRIVED MAY:

- Feel sad, hopeless, or anxious.
- Become overweight.



- Make risky choices.
- Use cigarettes, alcohol, and drugs.

## HOW MUCH IS ENOUGH?

9-12 hours for ages 6-12

8-10 hours for ages 13-18

# Pastoral Care Article

## Why Sleep Matters for Kids

### Sleeping to Succeed

Sleep plays a critical role in helping our bodies and minds recover and rejuvenate. As a result, sleep contributes to improvements in learning and promotes regulatory functions such as emotional and behavioral control that are important for each and every day. Some examples of physiological and behavioral benefits of sleep include:

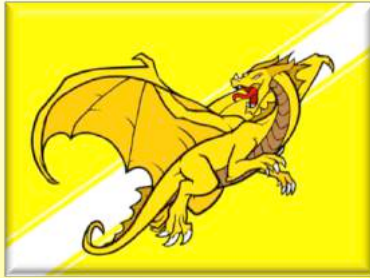
- Improving our ability to learn new information and form memories
- Restoring neural connections
- Assisting in optimal emotional control, decision making, and social interaction.
- Enhance memory
- Enhance maths calculation skills

Source: American Academy of Sleep Medicine & University of North Carolina

# Sport House Points

**Total: 3092**

Merit Points for  
the week: 113



**Total: 4115**

Merit Points for  
the week: 189



**Total: 2514**

Merit Points for  
the week: 91



**Total: 2979**

Merit Points for  
the week: 123

