

## **Rafflesia International School, Puchong**

NEWSLETTER 2020/21 TERM 3, WEEK 8

STAR OF THE WEEK

Variesh Dinagaran

# Newsletter

#### PRIMARY

The Star of Week Award goes to Variesh Dinagaran from year 1 Respect. Variesh did a great job adjusting to and following the modified school rules during our distance learning sessions. He enjoys participating in class lessons and his background knowledge adds great value to our discussions. Variesh is very responsible and turns in assignments on time. He will focus through difficult sessions for extended periods of time and, even if he is learning difficult concepts, he maintains his interest. We all wish him a great learning journey ahead and well done!

www.ris.edu.my

rafflesiainternationalschools

9088 +603 8953 9088

TRADITIONAL VALUES • GLOBAL VISION



#### **SECONDARY**

The Star of Week Award goes to Hew Qiao Jie, Bethany from year 8 Respect. Hew Qiao Jie participates positively and with enthusiasm in all of our science activities. She has advanced research skills and uses them very effectively in her work on science projects. Bethany also always works hard to produce work of the highest standard in English. Ms. Yvonne has been particularly impressed recently with the level of her descriptive writing and her formal letter writing. In GP, this week, Ms. Janet has particularly enjoyed her contribution to the 'WOW' competition for which she made links with ancient history and introduced the class, and the teacher, to a new word of her own discovery. We all wish her a great learning journey ahead and well done!





+603 8953 9088

Dear Parents/Guardians;

This week, the MOE has announced the online classes to be continued until 15th July, and with our resilience being tested through a pandemic we never believed would last this long, we may find ourselves vacillating between optimism and pessimism. Realistically, the phenomenal technological and medical expertise of the human race will enable us to manage this virus. However, we need to dig deep into our reserves of determination and prepare for a few more weeks of restrictions and safety control measures.

The usual grumble I hear from the students being in Virtual School is being away from friends and faced with uncertainty, but they are fully engaged in their remote learning. Despite the challenges, here at Rafflesia we have a model that works and I am appreciative of the creativity and relentless determination of our teachers to make this happen.

Meticulous revision is taking place as part of the preparation for upcoming Term End Assessments, which will take place from 14th June. We seek cooperation from parents to ensure students are prepared and ready for the examinations based on the schedule given. In the event your child is facing any technical problems during the examination, please do contact us immediately via email at principal.puchong@rafflesia.edu.my

Year 11 students are in celebration mode as the last examination of IGCSE is over as of Friday. The classes for Year 11 will be carried on as per the timetable where teachers have planned advanced level subject relevant activities. We have also made arrangements with many tertiary education providers from local and international institutions for various workshops to prepare them for their further studies.

RIS Puchong prides itself on being a caring community of learners that fosters pride in each student's developing abilities while promoting social development. We use the Responsive Classroom approach to teach children to act responsibly, take responsibility, and treat each other with respect. With the pandemic, the precautionary measures are certainly restrictive. But it's the only way out! However, it shouldn't stop us from pursuing our everyday goals...fitness, reading, work goals, study goals and other achievements that we set our minds to.

Stay healthy and thank you.

Best wishes, Ms.Chandra Veerappan











Ears





**Eyes** 







**Students learn** essential vocabulary about parts of their body in English.

twww.ris.edu.my

rafflesiainternationalschools

+603 8953 9088



all

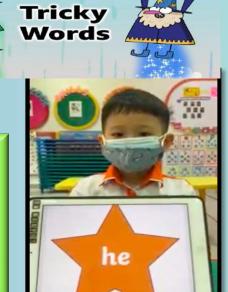
## **TRADITIONAL VALUES • GLOBAL VISION**



During English lessons, the children have been learning new tricky words. Each of them could make a sentence with their own words using the tricky words shown. Super!!







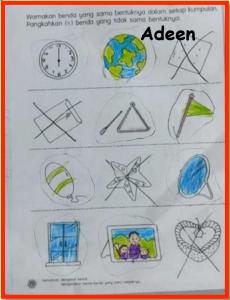
my



she

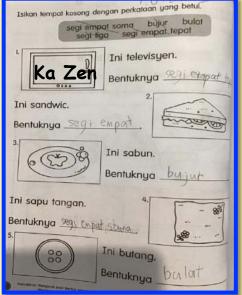












During Malay lesson: We recognised shapes.

We were able to classify objects of same shape.

We identified and wrote the number of shapes in a picture.





www.ris.edu.my

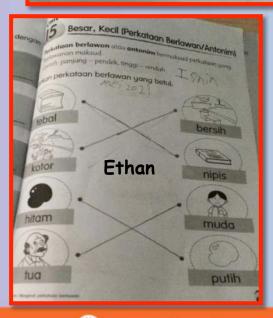


rafflesiainternationalschools

🕒 +603 8953 9088



Khamis Tan Qi Yuan Tun 2021
Perkotaan Antonim/Berlowanan
1 Tua (old) X mudal young)
2. Hitam (black) X putih (white)
3. Manis (sweet ) X mason (sour)
4. Tetal(thick) X mipis(thin)
5. Grembra (happy)X sedih(sod)
6. Parosthot7Xsejuktcold)
7. Miskin (pood) kaya (rich)
8: (Ternuk (fat) X kurus (thin)
9. Berdini (stand Nduduk(sit)
10 Besar (big) X kecil (small)
11 wargi(nicesmell) X busuk(bad smell)



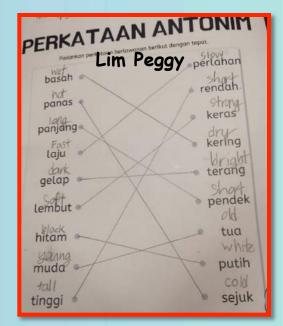




 Hayley
 ATMACAN

 Tulis semula ayar. Ganikan perkataan bergaris dengan perkataan yang berlawanan maksud.
 Image: Construction of the series of the se

### **TRADITIONAL VALUES • GLOBAL VISION**



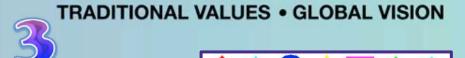
We could recognise synonyms. We were able to write the correct synonyms in the sentences.

🌐 www.ris.edu.my 🛛 🚹 raffles

rafflesiainternationalschools

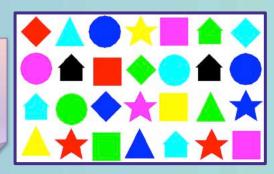
🕒 +603 8953 9088

## Rafflesia



During ICT, students learnt how to record data into a table according to categories. They also learnt how to sum up the data based on the rows and columns.

EAR



								Shruthi		Sha	yden							
A	В					-	•		D	E	F	G	Н	1				
	red	blue	teal	yellow	black	magenta	green	Total	1		Red	Blue	Teal	Yellow	Black	Magenta	Green	Total
diamond	1	1	1	0	0	0	1	= SUM(B2:H2)	2	Diamond	1	1	1	0	0	0	1	=sum(B2:H2)
triagle	0	1	1	1	0	0	1		3	Triangle	0	1	1	1	0	0	1	
Circle	0	2	1	0	0	1	1		4	Circle	0	2	1	0	0	1	1	
star	2	1	0	1	0	1	0		5	Star	2	1	0	1	0	1	0	
aroww	0	0	2	0	2	0	2		6	Arrow	0	0	2	0	2	0	1	
square	1	0	0	1	0	2	1		7	Square	1	0	0	1	0	2	1	
total									8	Total								
	diamond triagle Circle star aroww square	diamond 1 triagle 0 Circle 0 star 2 aroww 0 square 1	redbluediamond11triagle01Circle02star21aroww00square10	redbluetealdiamond111triagle011Circle021star210aroww002square100	red         blue         teal         yellow           diamond         1         1         1         0           triagle         0         1         1         1         1           Circle         0         2         1         0           star         2         1         0         1           aroww         0         0         2         0           square         1         0         0         1	red         blue         teal         yellow         black           diamond         1         1         1         0         0           triagle         0         1         1         1         0         0           Circle         0         2         1         0         0           star         2         1         0         1         0           aroww         0         0         2         0         2           square         1         0         0         1         0	red         blue         teal         yellow         black         magental           diamond         1         1         1         0         0         0           triagle         0         1         1         1         0         0         0           Circle         0         2         1         0         0         1         1           star         2         1         0         1         0         1         1           aroww         0         0         2         0         2         0         2           square         1         0         0         1         0         1         2	ABCDEFGredbluetealyellowblackmagentagreendiamond111001triagle0111001Circle0210011star2101010aroww0020202square1001011	Image: red blue         teal         yellow         black         magenta         green         Total           diamond         1         1         0         0         1         = SUM(B2:H2)           triagle         0         1         1         1         0         0         1           Circle         0         2         1         0         0         1         1           star         2         1         0         1         0         1         0           aroww         0         0         2         0         2         0         2         1         0         1         0         1	A         B         C         D         E         F         G         Image: Contract of the contract of	ABCDEFGImage: Color of the col	ABCDEFGIIIIRedImage of transmondImage of	ABCDEFGImage: Total1RedBlueImage: TotalImage: TotalImage	A         B         C         D         E         F         G         Image: Total         Image: Total <th< td=""><td>ABCDEFGImage and the set of the</td><td>ABCDEFGIIDEFIII</td><td>ABCDEFGImage: Column and the col</td><td>ABCDEFGHImage: A conditioned biaseMage: A conditioned biaseMa</td></th<>	ABCDEFGImage and the set of the	ABCDEFGIIDEFIII	ABCDEFGImage: Column and the col	ABCDEFGHImage: A conditioned biaseMage: A conditioned biaseMa

Alvis Chan	В	С	D	E	F	G	н	1		A	В	С	D	E	F	G	н	1
	red	blue	teal	yellow	black	pink	green	total	1		Red	Blue	Teal	Yellow	Black	Magenta	Green	Total
diamond	1	1	1	0	0	0	1		2	Diamond	1	1	1	0	0	0	1	=SUM(B2:H2)
triangle	0	1	1	1	0	0	1		3	Traingle	0	1	1	1	0	0	1	
circle	0	2	1	0	0	1	1		4	Circle	0	2	1	0	0	1	1	
star	2	1	0	1	0	1	0		5	Star	2	1	0	1	0	1	0	
arrow	0	0	2	0	2	0	1		6	House	0	0	2	0	2	0	1	
square	1	0	0	1	0	2	1		7	Square	1	0	0	1	0	Ch		na Chaur
total									8	Total						Cn	eyen	ne Cnew
	triangle circle star arrow square	B     red     diamond   1     triangle   0     circle   0     star   2     arrow   0     square   1	BCredbluediamond1triangle0circle0star2arrow0square1	BCDredbluetealdiamond11triangle01circle02star21arrow00square10	B         C         D         E           red         blue         teal         yellow           diamond         1         1         1         0           triangle         0         1         1         1         1           circle         0         2         1         0         1           star         2         1         0         1         1           arrow         0         0         2         0           square         1         0         0         1	B         C         D         E         F           red         blue         teal         yellow         black           diamond         1         1         1         0         0           triangle         0         1         1         1         0         0           circle         0         2         1         0         0         0           star         2         1         0         1         0         0         2           arrow         0         0         2         0         2         0         2	B         C         D         E         F         G           red         blue         teal         yellow         black         pink           diamond         1         1         1         0         0         0           triangle         0         1         1         1         0         0         1           circle         0         2         1         0         1         1         1         1         1         1         1         0         0         1         1         1         0         0         1         1         1         0         0         1         1         0         0         1         0         0         1         0         0         1         1         0         0         1         1         0         0         1         1         0         0         1         1         0         1         1         0         1         1         0         1         1         1         1         0         1         1         1         1         1         1         1         1         1         1         1         1         1         1	B         C         D         E         F         G         H           red         blue         teal         yellow         black         pink         green           diamond         1         1         1         0         0         1           triangle         0         1         1         1         0         0         1           circle         0         2         1         0         1         1         1           star         2         1         0         1         0         1         0           arrow         0         0         2         0         1         0         2         1           square         1         0         0         1         0         2         1	B         C         D         E         F         G         H         I           red         blue         teal         yellow         black         pink         green         total           diamond         1         1         1         0         0         1         1           triangle         0         1         1         1         0         0         1         1           circle         0         2         1         0         1         1         0         1         1           star         2         1         0         1         0         1         0         1         1           arrow         0         0         2         0         2         0         1         1           square         1         0         0         1         0         2         1         1	B         C         D         E         F         G         H         I           red         blue         teal         yellow         black         pink         green         total         1           diamond         1         1         1         0         0         1         2           triangle         0         1         1         1         0         0         1         3           circle         0         2         1         0         0         1         1         4           star         2         1         0         1         0         1         5           arrow         0         0         2         0         2         1         6           square         1         0         0         1         0         2         7	B         C         D         E         F         G         H         I         A           red         blue         teal         yellow         black         pink         green         total         1         1         1         1         1         1         1         1         1         1         1         1         2         Diamond           diamond         1         1         1         0         0         1         2         Diamond           triangle         0         1         1         1         0         0         1         3         Traingle           circle         0         2         1         0         0         1         4         Circle           star         2         1         0         1         0         1         5         Star           arrow         0         0         2         0         1         6         House           square         1         0         0         1         0         2         1         7         Square	B         C         D         E         F         G         H         I         A         B           Image: Image of the star o	B         C         D         E         F         G         H         I         A         B         C           Image         I	B         C         D         E         F         G         H         I         A         B         C         D           Image         Image <thimage< th="">         Image         Image&lt;</thimage<>	B         C         D         E         F         G         H         I         A         B         C         D         E           Image: Image Imag	B         C         D         E         F         G         H         I         A         B         C         D         E         F           Image         Image	B         C         D         E         F         G         H         I         A         B         C         D         E         F         G           Image         Image	B         C         D         E         F         G         H         I         A         B         C         D         E         F         G         H           Image         Image <t< td=""></t<>





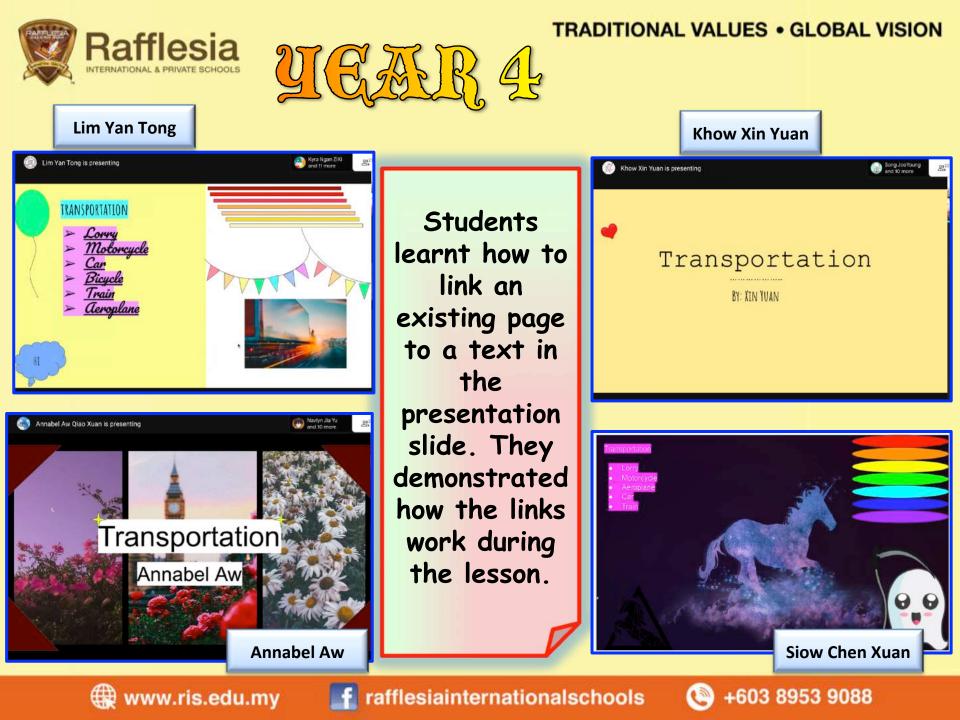


_	A	В	C		D	E	F	G		A	В	С	D	E	F	G
1		RM	1 RM	5 RN	1 10	RM 20	RM 50	RM 100	1		Rm 1	Rm 5	Rm 10	Rm 20	Rm 50	Rm 100
2	Miss ilham		1	1	1	1	1	1	2	Miss Ilham	1	1	1	1	1	1
3	alvis		0	5	2	4	4	1	3	Alvis	0	5	2	4	4	1
4	clyde		3	1	5	2	2	3	4	Clyde	3	1	5	2	2	3
5	meraam		3	7	0	4	5	2	5	Meraam	3	7	0	4	5	2
6	kara		7	4	4	4	া	0	6	Kara	7	4	4	4	1	0
7	zhi qi		3	4	0	Carr	ie Anne's l	Money	0	100	3	4	0	4	2	3
	Ho Zhi Qi		Vi	dya							Ca	arrie A	_	Vong H	long Sl	neng
	Ho Zhi Qi	В	C	dya D	E								V	-	1	
1		B RM 1	С	D	1.18	-					В	C	V	E	F	G
1 2		1. 12.0	С	D	1.18	-				Miss Ilham	B RM	C	V	E	F	
1 2 3	A	1. 12.0	С	D	RM	-					B	с 1 RM 5	D 8 RM 10	E RM 20	F RM 50	G RM 10
2	A Ilham	RM 1 1	с RM 5 1	D RM 10 1	RM	2				Miss Ilham	B	с 1 RM 5 1 1	D 8 RM 10	E RM 20	F RM 50 1 1	G RM 10
2 3 4	A Ilham alvis	RM 1 1 0	с RM 5 1	D RM 10 1 2	2 5	2 1 4	- 23		3	Miss Ilham Alvis	B	с 1 RM 5 1 1 0 5	V D RM 10 1 5 2 5	E RM 20	F RM 50 1 1 4 4 2 2	G RM 10
2	A Ilham alvis clyde	RM 1 1 0 3	c RM 5 1 5 1	D RM 10 1 2 5	RM	2 1 4 2	2	1 1 3	3	Miss Ilham Alvis Clyde	B	C 1 RM 5 1 1 0 5 3 1	V 0 0 0 0 0 0 0 0	E RM 20	F RM 50 1 1 4 4 2 2 4 5	G RM 10

twww.ris.edu.my









Athling	Do	ffle	noio		212		ן נכ		F		TRAD	DITION	AL VAL	UES • GL	OBAL	VISIC
$\gtrsim$	the second s	Section Contractor	PSIA	s V		56	16					Rafflesia			RISP-	Year 5- IC
•	ICT	S	pred	adsh	ee	t f	or	al	Purp	oos	e		Spre	eadsheets Softw	/ares	ē.
	. Teoh's car loa Edit View Inser			Add-ons Help	Last edi	t was made c	on May 23	. 2019 by Char	<u>n Hoi Ying</u>	~*		- 🛔 Share		Excel 🗋 🛄	breOffice	
• ~ ®	n ➡ 75% →	\$ % .0	.00 123 ▼	Comic San 👻	10 👻	B <i>I</i> <del>3</del>	<u>A</u>	<b>♦. ⊞</b> 25	- ≡• ±•	- H- P	* + + E	] 🔻 🖌 Σ -				
A	B C D	E	F G H	1 2	К	L M	N	0 P	9 8	S T	u v	w x				
		Ninimum down	Trade-in	Downpayment		Principal loan						monthly				
ffer		ayment	Offered Prize	Payable		amount		duration( years)	interest rate%	total interes		instalment				
(a) ar A	(b) \$42,000.00	(c) \$10.000.00	(d) \$9.000.00	(e) \$1,000.00		(f) \$32,000.00	1	(9)	(h) 3 35%	{0	0}	(k)			A TANK	
ar B	\$48,350.00	\$10,000.00	\$10,000.00	\$0.00		\$38,350.00		6	3.30%		Test01	\$ D @				
ar C	\$45,000.00	\$10,000.00	\$8,000.00	\$2,000.00		\$35,000.00		7	3.20%	EB			Comment Data	Tools Add-ons Help	Last edit was	on May 20
ar D ar E	\$32,000.00 \$38,000.00	15000 \$8,000.00	\$7,500.00	\$7,500.00		\$17,000.00		4	5.00%		File Edit	view insert i	onnat Data	Tools Add-ons Help	Lust euit was	un widy zu
	11-11-1-1-20-24-02-00-0dz1	-		and the second second		- I		•	3.00%		~~ * *	100% - \$	% .0 .00 1	123 - Default (Ari	10 - B	IS
	instalment	D	OWNPAYMENT	PAYABLE	Trade	e in offer priz	e					Date				
\$800.00 9 \$600.00		22	56,000.00		33 57	500.00	1			AI	+ <i>f</i> x			1 (j)	12	
\$400.00			\$4,000.00		5	000.00				-	A	В	с	D	E	F
\$209.00		1	\$2,000.00		L 52.	500.00				1	Date	Income	Comission	Total Comission		
\$0.00		W	\$0.00		AND.	\$0.00	L L	E E		2	Monday	\$678.00	25.00%			
3		D. Can E	CarA Ca	ar B Car C Car D Car E		Car A Ca	B CarC Ca	DCarE		3	Tuesday	\$856.00	25.00%			
	offer			OFFER			offer			4	Wednesday	\$732.00	25.00%			
										5	Thursday	\$545.00	25.00%			
										6	Friday	\$789.00	25.00%			
										7	Saturday	\$945.00	25.00%			
-								_		в	Sunday	\$465.00	25.00%	\$116.25		
										9						
								_		10	Total Earnings			\$1,252.50		
	9	nroan	tehaate	for a Pur	nne	0				11						
	3	pieac	19116619	ior a Pul	pus	0				12						

ICT students of year 5 created a spreadsheet using Google Sheets. They were basic spreadsheets using the cloud software that every student can access in their online class. Students learnt to manipulate the file made of rows and columns that helps sort data, arrange data easily, and calculate numerical data. What makes a spreadsheet software program unique is its ability to calculate values using mathematical formulas and the data in cells.

twww.ris.edu.my

TRADITIONAL VALUES

Below is a basic example of what a Microsoft Excel spreadsheet looks like, as well as all the

important features of a spreadsheet highlighted.

**GLOBAL VISION** 

.

## rafflesiainternationalschools

## 🕑 +603 8953 9088



During Coding lesson, the students were asked to create a user interface (UI) for a computer game that they are going to make. Below are some of the examples of the first slide UI of



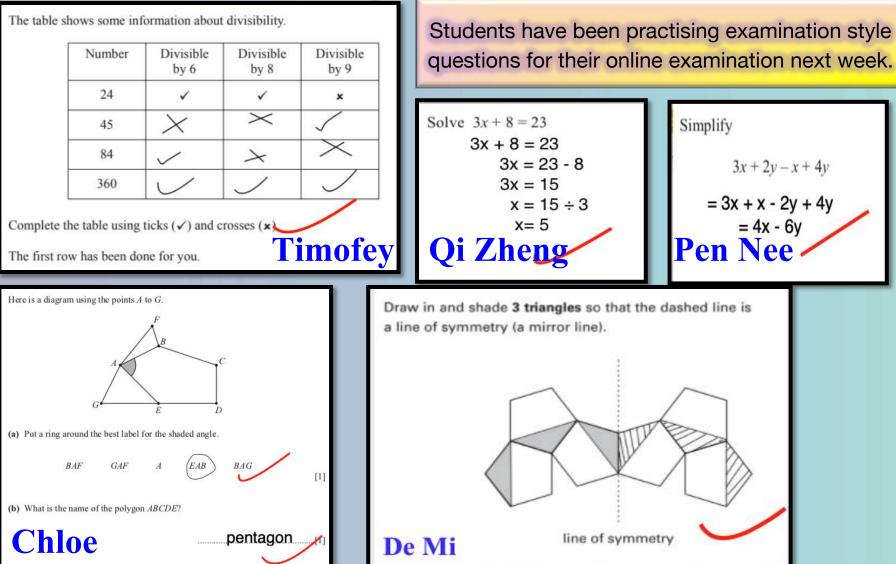








# Rafflesia Teatronal values • GLOBAL VISION



www.ris.edu.my

rafflesiainternationalschools

+60389539088



## **TRADITIONAL VALUES • GLOBAL VISION** MEAR & LITERATURE

## **JIN XEN & JIA HANG**

## **QIAO JIE & HUI SHAN**

#### The Weekly Observatory Chronicle Janes Salmon Little Weirwold, England, Great Britain and September 1939

## Britain declares war

The British ambassador to Germany has sent off the papers

Breaking News! According to a statement made by the Chamberlain's office located in 10 Downing Street in the middle of London, the British ambassador to Germany has officially handed the signed paperwork and documents regarding the declaration of a war between Britain and Germany to the current German government. The Germans have officially accepted the request and we are officially at war with Germany as of 11 aftermeridian today. This news came as a television and radio broadcast from the prime minister's office. The Chamberlain added that we can and shall remain on with our duties and jobs, but aware. Citizens are advised to start making bunkers and air raid shelters as soon as possible and to be on the look out for any German fighter jets or any prebombing sirens, which are located on the top of City Hall and the area surrounding the large field nearby. An air-raid bunker will be built under the



on Germany!

Church; it will be able to support up to 30 people.

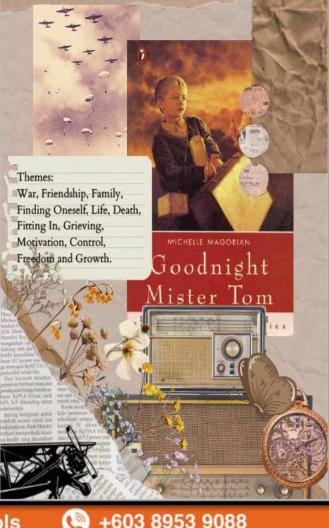
Children are NOT. NOT. advised to go out anywhere far from any bunker. School will still operate as normal and drills are being held in order to prepare the children in the event of an incoming attack.

After this announcement, Mr. Peter is inviting people to go pray at the church



Mrs. Donalds need bely in her bakery! Job descriptions include: Baking bread, making bread, having groceries, delivering bread loaves, setting up the oven, running the shop, running end asking for break call 42069-52021











## WWII Combatants

World War ii had involved more than 100 countries, some are the US, UK, Japan, France, Norway, Mexico, Canada, Australia, Philippines, Netherlands and many more!



## World War ii events

- November 11, 1918 World War I Ends
- January 30, 1933 Hitler Appointed German Leader
- September 1, 1939 World War II Begins.
- September 17, 1939 The Soviet Union Invades Poland.
- September 27, 1939 Warsaw Captured.
- December 13, 1939 UK Wins War's First Sea Battle
- April 8, 1940 Norway Invaded.
- May 10, 1940 Church Chill becomes Prime Minister
- May 26-June 4, 1940 Miracle of Dunkirk
- June 14, 1940 Paris falls to Nazis
- July 10-October 31, 1940 Britain fights
- December 7, 1941 U.S. PLUNGED INTO VVAR

## Wong Qing & Natalie





\$1.29 TRILLION

## Facts about WWII

1. World War II began when German troops invaded Poland on 1 September 1939.

 The UK then declared war on Germany on 3 September 1939.
 World War II ended in Europe on 8 May 1945, but the war still carried on for a few months until September 2nd 1945.

## Who is Mr Tom?

"Mister Tom", as William christens his new guardian, is reclusive and bad-tempered, and as such is avoided by the community. Willie is placed with him because his mother Bue Sky wanted him to live with someone who was either religious or lived near a church.





## **JOEY & VALERIYA**

Nichelle

Magorial

G.

000

dnigh

Mr

Tom

MSCHOLASTIC

Give ill see you tomorrow "If I painted the sky," she had said one day, "I could go through life paintin' nothin' else, for it's always changin'. It never stays still."

'Only the dead have seen the end of the war"

The odd thing was that, after he had entered the paint shop, he had feit as if a heavy wave of sadness had suddenly been lifted from out of him. Memories of her didn't seem as painful as he had imagined.

## twww.ris.edu.my

## rafflesiainternationalschools

Michelle Magorian

is an English author of

children's books. She is

best known for her first

novel, Goodniaht Mister

Tom, which won the 1982

Guardian Prize for

British children's books

and has been adapted

several times for screen or

Scholastic inc 557

Broadway New York,

NY 10012 Visit our website at www.smokedsalmana

nddeep.com

## 🕓 +603 8953 9088



## Rafflesia INTERNATIONAL & PRIVATE SCHOOLS



Michelle Magorian (born 6 November 1947) is an English author of children's books. She is best known for her first novel, Goodnight Mister Tom, which won the 1982 Guardian Prize for British children's books and has been adapted several times for screen or stage.

"This book was very good! It deserves a bestselling title." -New York Times

"This story of friendship was so heartwarming. I would read it again." -Google Books

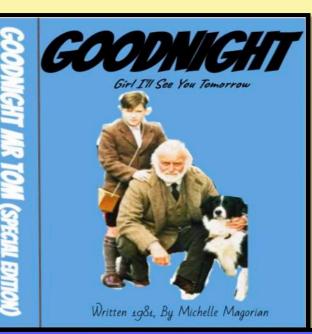
"I definitely loved this book and absolutely was not forced to read this by my literature teacher!" -Students of the World

"Michelle Magorian is extremely talented and we can't wait to see more of her works!" - The Washington Post

RM42.69

•

S. 167 🖸



## **Jayden & Maximus**



www.ris.edu.my



## Kumpulan 5 - Anisa, Cui Shi & Joylyvia

Kanak-kanak:

- Berkebun belajar dari mana makanan berasal dan bagaimana keadaan tumbuh.
- Baca buku cerita bantu mereka membina perbendaharaan kata mereka.
- Lipat origami meningkatkan perkembangan otak

#### Remaja:

- Menolong ibu bapa mengeratkan hubungan dengan keluarga
- Bersenam selepas beberapa jam hadir kelas dalam talian, badan akan rasa sakit. Bersenam boleh membantu untuk mengelakkan rasa sakit pada badan
- Belajar memasak untuk persiapkan diri untuk masa depan.







Kumpulan 4 (Royce, Cohen, Zhou Xuen)

## Ibu dan bapa

## Aktiviti

- -Mengejar anak-anak bersenan
- -Odoa memosok masakan baharu
- Membaiki perabot

## Kebaikan





dapat mengeratkan hubungan antara ibu bapa dengan anak dapat menjimatkan wang dan mengamalkan pemakanan seimbang Boleh menjadikan kediaman yang lebih cantik dan selesa.

During Malay lessons, students brainstormed activities and the benefits that can be gained by the children, teenagers, parents, and senior citizens during the lockdown. They did a slideshow presentation and wrote an essay on the given topic.

## www.ris.edu.my







## REMAJA (CHENG JIUN)

## • Membaca buku

• Meningkatkan ilmu pengetahuan dan dapat mengenali dunia

- Meningkatkan perbendaharaan kata
- Belajar memasak
  - Kemungkinan besar remaja akan menjalani diet yang sihat.
  - Remaja akan dapat menguasai kemahiran hidup.
- Lakukan senaman dalaman
  - Meningkatkan peredaran darah ke seluruh badan.
  - Tingkatkan kesihatan mental dan fizikal.



## kanak-kanak

<u>Aktiviti</u>

-membina lego

-Lakukan eksperimen sains

- Melukis

## Kebaikan

-Permainan lego akan membantu membina minda kanak-kanak.

- -Melakukan projek sains membantu mengembangkan kepintaran anak.
- -Mempertingkatkan kemahiran imaginasi apabila melukis.

🛱 www.ris.edu.my





# Rafflesia VEAR 10 : ENGLISH

Students have been practising informative writing and wrote an account of an annual celebration they participate in.

#### International Day – April

Every year, Rafflesia International Schools will have their annual International Day event to allow students to dress up in traditional clothing, enjoy different cuisines and perform cultural dances from all over the world. Students will arrive before 8:00 am to fix their costumes. make adjustments to the class decorations and make sure that everything looks its best. Photographers will walk around the campus to take many interesting class pictures. At 9:30 am, students will head down to the cafeteria to have their breakfast. An array of cultural dishes are displayed on top of the tables allowing students to pick what they would like to try. By 10:00 am, students will gather at the school hall for a two hour long event. The performances allow students to showcase their talents and share informative facts about the countries they picked. After the event, students will return to their classrooms to have a class party. Dishes from the class's country will be shared among students and teachers. Classes also play traditional music to lighten up the atmosphere. International day usually ends at around 3:30 pm

#### Chinese New Year morning – Valerie

In the morning, my alarm wakes me up at exactly 7am and I force myself out of bed. After brushing my teeth, I don the red cheongsam I wear every year and head downstairs. A chorus of 'gong xi fa cai!' wishes are heard around the room as I wish my parents and siblings a happy new year, and we waste no time in driving down to my hometown to celebrate the Chinese New Year. We pull up at my grandmother's house and another round of well wishes come, but they're over just as quickly once everybody gets their eager hands on the food she has cooked. Traditional dishes usually served on this auspicious day are laid out on the dining table, ranging from mouth watering fish to perfectly baked nian-gao, and breakfast turns into a warzone as everyone fights to get a piece of delicious food.

+603 8953 9088



#### **CNY celebration – Kaylyn**

Chinese celebrate Chinese New Year on the Lunar New Year's Eve and the festival will last for 15 days. During the Lunar New Year's Eve, families will gather together with their relatives and spend the day together. They will cook traditional Chinese dishes such as dumplings, spring rolls, mapo tofu and many more to celebrate their reunion with each other. This is also known as reunion dinner and is a must to attend to show your respect to the elderly (unless you have an important occasion on that day). After the dinner, everyone will do some events together such as watching the television or having conversations with each other. This is also a tradition for the Chinese to stay up with their families until the clock strikes midnight as it shows that you have celebrated the Lunar New Year's Eve with your families until the first day of Chinese New Year.

#### Chinese New Year – Jesselyn

Chinese New Year, also known as lunar New Year, lasts for 15 days. Before the actual day of Chinese New Year, families will put up decorations that consist of mostly red lanterns, paper cuttings, spring festival couplets, cherry blossoms and more. The house will also be cleaned since cleaning the house and taking out the trash are not allowed during the first day of Chinese New Year as it is believed that it will get rid of luck and wealth. On Chinese New Year's Eve, there will be a reunion dinner where all the family members sit at round tables and enjoy their time together.

Once the clock strikes 12:00am, fireworks will be set off everywhere and families stay up to enjoy this moment. In the morning, family members will dress up in red clothing which were usually new and new year's greetings will be exchanged among the family. The elderly will give red packets containing money to the younger generation as a symbol of luck. Chinese New year biscuits such as pineapple tarts, almond cookies and peanut cookies. It is also a time when Chinese people visit their relatives and friends. Lion and dragon dances are one of the most famous forms of entertainment during Chinese New Year. The lion dance is manipulated by two people, one at the head and another at the rear end. There will also be drums and cymbals to accompany the performance. The fifteenth day, which is the last day of Chinese New Year, is also known as the lantern festival because people release glowing lanterns into the sky. Riddles will also be written on them and if guessed correctly, the solver will be rewarded with small gifts.





Nazeeha has shown confident skills in the realisation of intentions, consistently demonstrating understanding of visual language of her final project. She is also very able in the development of ideas through investigation, consistently demonstrating critical understanding.

Art & Design: Featured Artist Nur Nazeeha Binti Nazim









## Art & Design: Featured Artist

## Nicole Ong Wen Yi



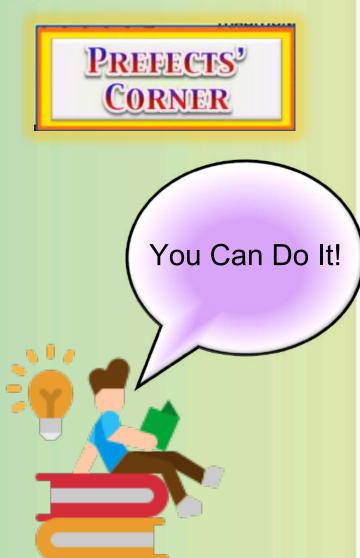


**Nicole has** demonstrated excellent skills in recording observations from a variety of relevant sources, consistently showing intentions. She demonstrates confident exploration of media, materials, techniques and processes, showing clear selection of relevant resources.

www.ris.edu.my







FIVE STEPS TO BE SUCCESSFUL IN YOUR EXAMS!

STEP 1 - BELIEVE IN YOURSELF.

STEP 2 - GET ORGANISED.

STEP 3 - MANAGE YOUR TIME.

STEP 4 - STUDY SMART.

**STEP 5 - HAVE EXAM TAKING** STRATEGIES.





## Pastoral Care Article 3 tips for parents on coping through exams

Exam time can put the whole household on edge. Parents worry about about how well their kids will do, how much or little they're studying and the impact their performance may have on their future. Thankfully, there are strategies that can help the entire household through this challenging time. In this article, top tips by psychologist, Jordan Foster, from ySafe, is introduced. These 3 tips helps teens (and parents) turn exam stress into exam success.

#### Source: Familyzone.com



## Help them avoid study distractions

Our research shows that during exam periods 3 out of 5 students increase their screen time with up to 30% of their extra time spent on social media. 'Call it selfmedicating with screens. Social media is a constant distraction to student's learning time, and this is particularly problematic during study periods. It is recommended to set boundaries around screen time to help eliminate added distractions.



#### Ensure they're getting enough sleep

Getting enough sleep is fundamental to performing well at school and especially during exams,' notes Jordan. Our research shows that 9 out of 10 kids take their devices to bed with them during exam times. 'When teens spend most of their evening studying, they'll usually want to catch up on social media before bed and this can cut hours from their sleep time - resulting in them being excessively tired right before their exams. I recommend either banning devices in bedrooms during exam times or even cutting off the internet at bedtime.'



#### Remain Calm

Or if you can't be calm, learn to fake it til you make it. If you stress out, they'll stress out even more - it really is that simple,' says Jordan. 'So, it is very important to try your best to hold your stress inside and discuss with your partner or a fellow parent going through the same thing, if need be. It's also helpful to remind your Year 11s that even if they don't go as well as they hope there are still other pathways into their chosen course and that it doesn't matter if further studies are delayed a year or two.'





