



Newsletter

**NEWSLETTER 2020/21
TERM 3, WEEK 14**

PRIMARY

The Star of Week Award goes to Khow Xin Yuan from year 4 Respect. Xin Yuan is a cheerful and kind member of the class. She has done so well in adapting to the online lessons. Xin Yuan has gained self confidence in year 4 and is now applying resilience in her daily routines. She has become responsible with the submitting of all your work and has made fantastic progress. I am very proud of Xin Yuan and wish her the very best in year 5. You've got this Xin Yuan - never give up!

STAR OF THE WEEK



Khow Xin Yuan



SECONDARY

The Star of Week Award goes to Khow Jin Xen from year 8 Respect. In GC, he asked meaningful questions of his classmates about their presentations as well as delivering an excellent presentation himself about social media. He was also awarded merit points for his contribution and based on the group's performance for the Entrepreneur Challenge. He also contributed to the Science Project. We all wish him a great learning journey and well done!

STAR OF THE WEEK



Khow Jin Xen



Dear Parents / Guardians;

This has been a busy, eventful and challenging Term Three with learners being engaged in many different fields of study and activities. The final week of the term was no exception - the school was busy with preparation for exit points at primary level. At the same time it's a bittersweet week as we bid goodbye to our Year 11 graduating students. Sad, because they will be leaving us as their journey at Rafflesia has come to an end, and happy because we are proud of their achievements at the school. The awards were presented at the Virtual Graduation ceremony today.

I witnessed lots of productive discussions taking place and positive interactions between parents and teachers on your child/ren academic progress. This is crucial as you can better understand how we work along with you for betterment of the students. On another note, I ask you to please monitor your child's internet and social media use and ensure that they are:

- A: Not having excessive screen time which can lead to anxiety and difficulties in sleeping and concentration
- B: Looking at appropriate content
- C: Not posting or receiving comments on social media or on messaging platforms which can be viewed as cyber-bullying
- D: Also, as parents we can model good behaviour by spending time away from our devices, particularly at meal times.

We will do our part as a school to teach appropriate use and good habits. But this is something that should be a partnership between school and home and an issue that both educators and parents have to deal with in the 21st century. Technology is a wonderful tool that has enhanced our lives in many ways, but as with all good things in life, moderation is the key.

Please watch out for the emails from us on the events calendar, academic calendar and other details which will be sent out in due course. Meanwhile, I hope you all have a very enjoyable school holiday and get to spend lots of quality family time together and we look forward to welcoming you all back in the new academic year on the 1st September 2021. We value your feedback, so please email us at principal.puchong@rafflesia.edu.my, if you have any queries or concerns. I hope you and your families remain safe and well.

Thank you.

Regards,
Ms.Chandra Veerappan



Congratulations
CLASS OF 2021





EXIT POINT TERM 3B: DINOSAUR DETECTIVES



Ryan



Krishwin



Maruti



Syarafana



Pei Ying

Over the past few weeks the Nursery students have turned into real Dinosaur Detectives. Students always learn new things - not only through books or watching videos but also through interesting experiential activities. For the Exit Point, students chose their favourite dinosaurs and dressed as them. Students also went on a scavenger hunt looking for dinosaur eggs around their house.



Reception



Animal Rescuers Exit Point

In this unit, the Reception students learnt about animals from the jungle, the safari, the Arctic and desert! For the Exit Point, they chose their favourite animal and made an animal costume. The students described facts about the animals they chose. Love the costumes! Superb work, children!



Isa



Khayla



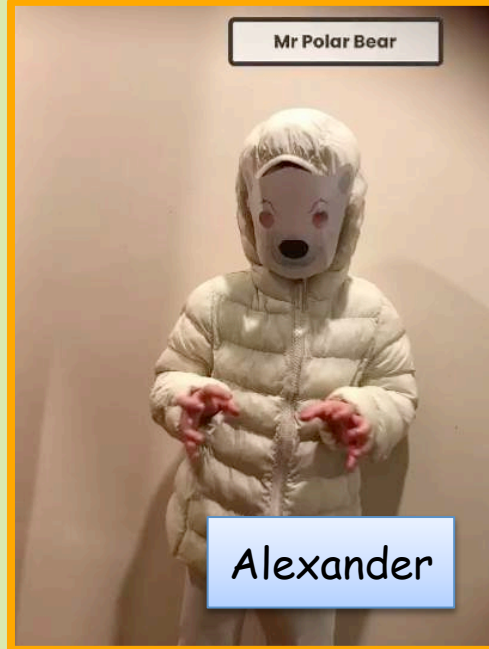
Jasmine

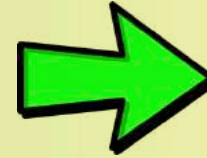
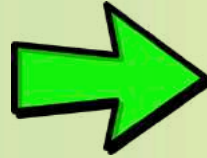


Mia



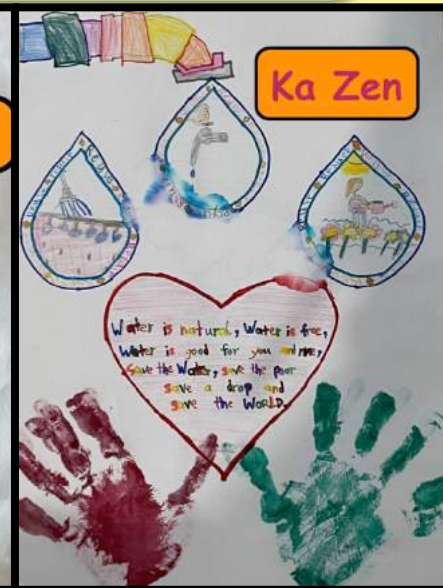
Jithesh





"Safe": The water required for all personal or domestic use must be safe, therefore free from microorganisms, chemical substances and radiological hazards that constitute a threat to a person's health.

Year 1 students were able to articulate how we should be making a contribution to positive change. We made posters to spread awareness!





Save every drop!!

Sofea



Zi Ying

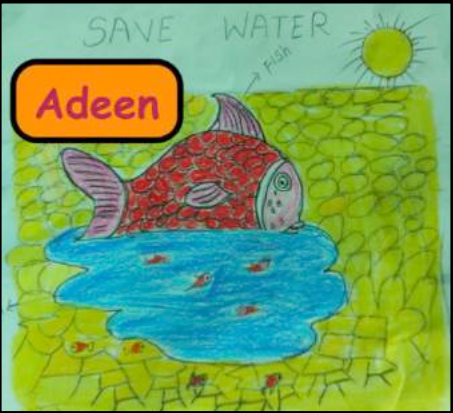
Save water



SAVE WATER, SAVE OUR WORLD

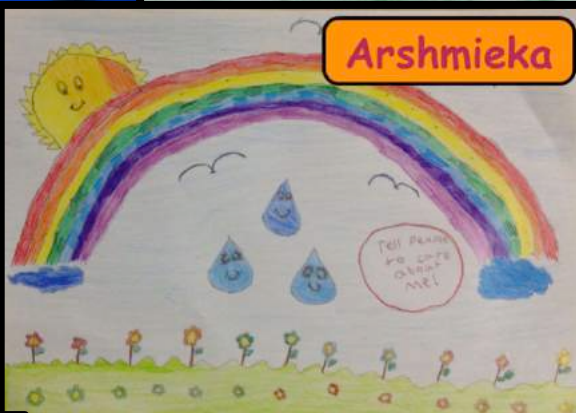
NO WATER POLLUTION
NO THROWING RUBBISH

Nuo Chen



SAVE WATER

Adeen



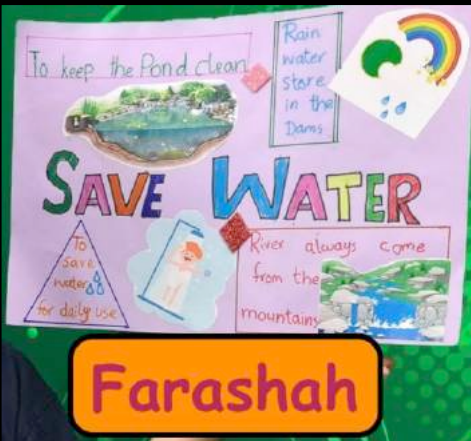
Arshmieka

Tell them to save water!



THE EARTH HAS A SOUL

Variesh



Farashah



Mikail

EVEN A DAP CAN DRINK

SAVE WATER



YuMan



Freya





water, water everywhere

For our Exit Point, the Year 2 students showcased their posters and spoke about achieving SDG 6, access to water and the importance of clean water in our daily lives.

ipc

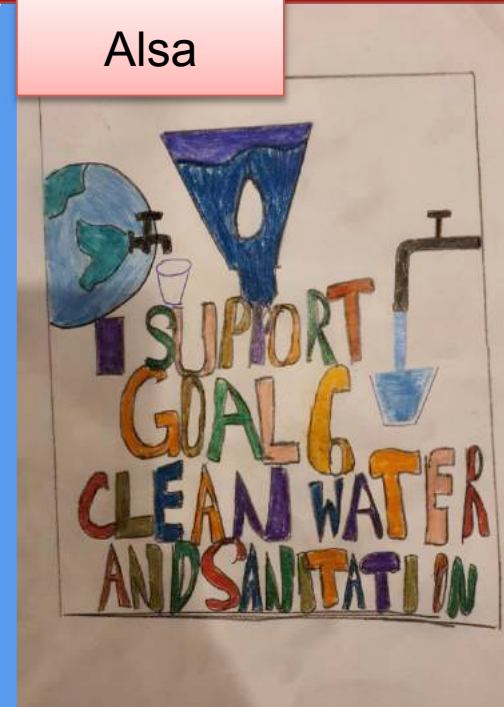
Qi Yuan



Hayley



Alsa

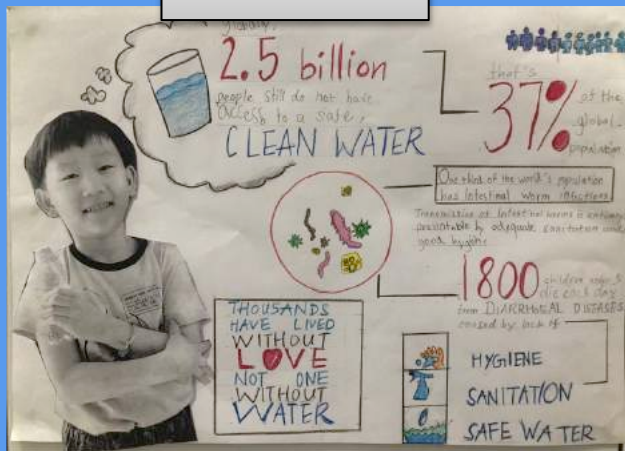


GOAL 6 CLEAN WATER AND SANITATION





Hubert



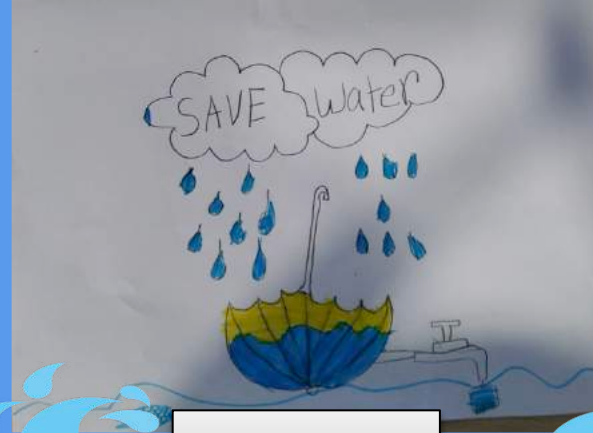
Ryan



Yan Xiang



Shermaine



Tiffany



Eunice



Cheyenne



For the Exit Point, students made a video on a Handwashing Demonstration. They learnt the right way to wash their hands and how hygiene and clean water are important as well as saving water.



Mansen



Meraam



Shruthi



Ho Zhi Qi





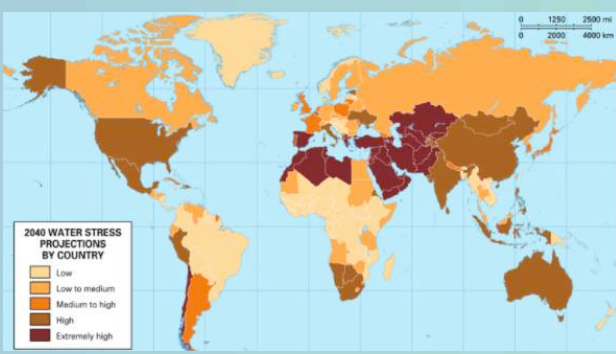
EXIT POINT - Water, Water Everywhere



Water Crisis and Sanitation

By Xin Ying, Long Er and Joshua

The children in year 4 created slides to present different parts of their learning and spoke about it confidently. They were able to understand the causes, effects and think about solutions towards the world water crisis. Well done Year 4 - you should be very proud of yourselves.



Why is water crisis' fatal?
The water supply change was considered a possible cause of an outbreak of Legionnaires' a disease that killed 12 people and affected another 87, but the original source of the bacteria was never found. 1.1 billion people lack access to water. 2. 7 billion people have water scarcity for at least one month in a year.

Think twice about the way you use water. Can you imagine our lives without water.? We cannot survive without water. Use it wisely please. It is all we have.



Water pollution

By: Yan Tong, Xin Yuan, Tristan, Nikki, Navlyn & Nuo Yang

Welcome to our water pollution slide!

Ocean Pollution

How does it happen?

Sewage

Flushed from toilets
Cotton buds

Litter and plastic

OIL SPILLS

Acid Rain

effects of acid rain are most clearly seen in aquatic environments, such as streams, lakes, and marshes where it can be harmful to fish and other wildlife. As it flows through the soil, acidic rain water can leach aluminum from soil clay particles and then flow into streams and lakes.

Water pollution.

Humans are the main cause of water pollution, which is triggered in many ways, like the dumping of industrial waste due to temperature rise, that cause the alteration of water by reducing the oxygen in its composition or due to deforestation, which causes sediments and bacteria to appear under the soil and therefore

Reader: Yan Tong

Know Xin Yuan is presenting

What is the effect of garbage??

Trash can travel throughout the world's rivers and oceans and beaches, This **debris harms physical habitats**, transports chemical pollutants, threatens aquatic life, and interferes with human uses of river, marine and coastal environments.

Reader: Tristan

Why is acid rain dangerous??

The pollution that causes acid rain can also create tiny particles. When these particles get into people's lungs, they can cause health problems, or can make existing health problems worse. This ground-level ozone causes respiratory problems, like pneumonia and bronchitis, and will cause permanent lung damage.

Why are oil spills dangerous?

Oil spills are harmful to marine birds and mammals as well as fish and shellfish. Oil destroys the insulating ability of fur-bearing mammals, like sea otters. It can weigh an animal down and so they can't move.



Before we start we want to show you everyone's 3D water cycle (Everyone worked very hard on the water cycle)

Header : Wong Jing

Kyra Ngan Zixi



Annabel Aw Qiao Xuan

Wong Jing



Next



By: Sheng lok, Kyra, Wong Jing, Annabel, yen xin, Olivia



Nikki

Long Er

Joshua

Yan Tong

Xin Yuan

Nuo Yang



Lee Xin Ying



Seow Yen Xin

The water on Earth is the only water that we had since the dinosaur was alive so we must protect it (And if we don't have the water cycle it is The END OF EARTH, EVERY LIVING BEING WILL DIE!)

Next



Table with 4 columns and 4 rows, likely a data log for the water cycle experiment.

Handwritten text explaining the water cycle experiment and its importance.

<-Kyra



Olivia

Jimmy

Rudra Senna

Tristan Siow Chen Xuan

Next

Reader : shena lok



**F
L
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D
S**

6. How is our water cycle being disrupted.

It is being disrupted because of deforestation. We use it for our daily uses. Once you chop the trees all the carbon dioxide is being released, once it releases the carbon dioxide it difficult for the water vapor to evaporate which can cause flooding, more extreme droughts, some other natural disasters and bad for our health.

Fact: Yes, and that's how we get natural disasters.

What was the cause of the flooding?

It was because of tropical monsoon season. Every year the assam states have more and more floods, this year is even worse than before. By July 2020 assam state had 30% more than usual in receive rainfall. This the main reason of the floods. Because the climate changed, the flood is more serious than before.



India Floods

2020 Assam floods

Area: North eastern state of India (Assam) Brahmaputra River.

Time: From May 2020 to October 2020.

Assam floods happened together with Covid 19.

Why it is call Assam floods? Its because it happened in Assam state of India. Sad fact: the floods has came in with the storm, and rain and heavily pounding. And also fighting with covid 19 cases.



How does it connect to SDG? (Sustainable Development Goals.

Goal 1 No Poverty, Because the floods destroyed the houses. So it made more people homeless and poor. The second of effect of floods will have more jobless people. and will make more stress to the 70% to the poverty.

Goal 2: Zero Hunger, the flood destroyed the farms and the crops so more people will have no food.

Goal 3, Good Health and well being. The flood will contaminate the water and people will have dirty water and have illnesses. Because of the flood a lot of people homeless and they cant quarantine during the COVID-19 and cases will increase.

Goal 4: Quality Education. The schools are affected as well due to the floods and education and studying will slow down.



Goal 6: Clean water and sanitation: Women and children are most affected by the floods because they cant access to clean water and hygiene supplies. to prevent the spread of disease

Goal 8 : Decent work and Economic growth, Industrialization will slowly slow down the economic growth due to the floods industrial buildings will collapse and it will affect economic growth.

Goal 13: Climate action: if we put more effort to greenhouse and gas emission, cut less trees and reserve the rainforest, all of this will help the climate action, and less floods will happen.



The villager carry their food (grain) to a safe place from the floods.

Mississippi River Flood

By : Rudhra and Jimmy

Facts about the Mississippi River Flood.

Reader : Jimmy

The water flooded more than **27,000 square miles (70,000 km²)** of land, and left more than **700,000 people homeless.** Approximately **500 people died as a result of flooding.** Monetary damages due to flooding reached approximately **\$1 billion, which was one-third of the federal budget in 1927.**



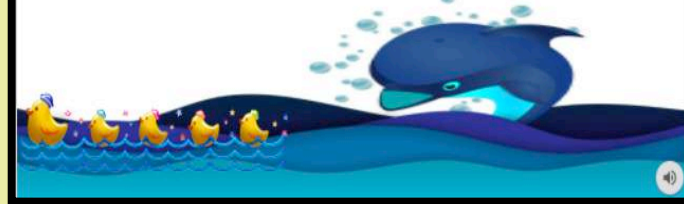


Exit Point

In our current unit of Water, Water Everywhere, the students had to come up with a solution to some of the issues linked to water, for example, water conservation, water pollution, floods and access to clean water. Here are some of their presentations.

There is actually already technology to help avoid floods!

We can use already existing technology like water gates, which sucks in the water if the flood comes. We can also use drones or heat thermometers to find when the flood is coming. Then, install more bunkers in the area so more people can be when the flood comes.



Tee Rui Jie

6 CLEAN WATER AND SANITATION



Ksiniya Mikhaylova

Water pollution



The causes of water pollution is
1. oil leaks and spills.
2. global warming.
3. Marine dumping.
4. radioactive waste.

(Water pollution percentages is about 70% every second one plastic bottle just falls in the sea and only 30% is clean water.)

Aghan Varan

Ipc Exit Point!

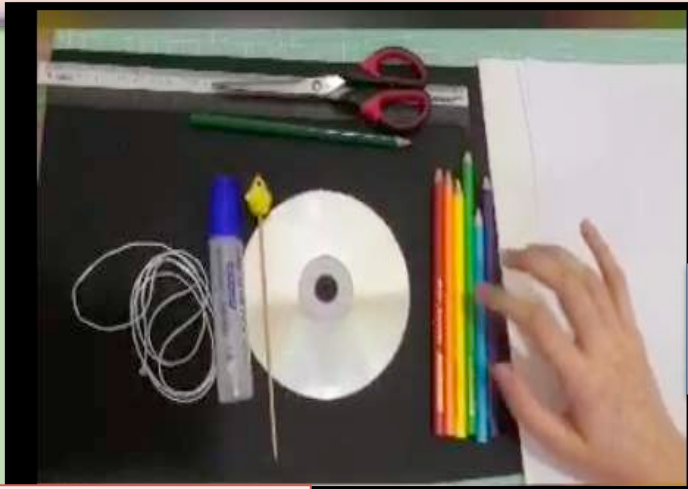
~ Water Conservation ~

By: Aghan ;]





During the past few weeks in IPC, the year six students have been working on the topics 'Fascinating Forces and Water, Water Everywhere.' Below are some examples of slides taken from the projects that they presented during the Exit Point.



Newton's 1st Law of Motion - Jarvis Tadhg Crompton

Spinning Disc - Karina Ngan ZiYu



Recycling water - Eishal Zahraa, Raneea Syed Rusliza

Points about Recycling water.

- Recycling wastewater can extend water supplies, improve water quality and reduce discharge.
- Most recycled water comes from treated municipal wastewater or sewage

Different Uses of Water - Karina Ngan ZiYu, Katelyn Eliana Ng, Katelyn Eliana Ng,

In some countries, people don't have access to clean water just like us -Karina

Take a look at these 2 pictures, what do you see?



**The Water Crisis : Li You Ran, Pang Ruo Qing,
Puteri Alayna Sophia Wafa Binti**



Little or no water scarcity
Physical water scarcity
Approaching physical water scarcity
Economic water scarcity
Not estimated

The Importance of Hydrological cycle

By: ShaoJie, Anson, ZhiHin, Qi Ming.



**The importance of Hydrological cycle:
Wee Yong Shun, See Shao**



Why is Recycling Water Important?

Recycling water is important because it helps us and the whole world to have fresher water to drink. The UAE is one of the driest areas in the world, so this is when recycling water comes in.

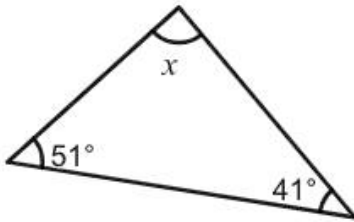
**Recycling water:
Ho Zu Yao, Ho Meng Hin, Ju SeungHo,
Jarvis Tadhg**



Year 7 Mathematics

Year 7 students were introduced to an online learning platform, DrFrostMaths which allows students to revise certain topics in Maths from the video provided before answering the questions. Besides that, students showed their workings using the whiteboard provided.

Find the value of x .



Correct Answer:

$$x = 88^\circ$$

Their Answer:

$$x = 88^\circ$$

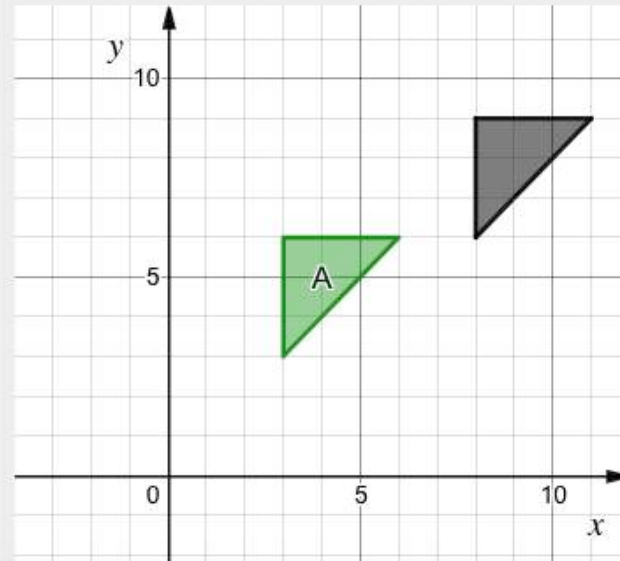
$$X = 180 - 41 - 51 = 88$$

$$X = 88$$

Pen Nee

Translate the shape by vector $\begin{pmatrix} 5 \\ 3 \end{pmatrix}$.

Correct Answer:



$$\bullet 5(y+5) + 2(y-3) \bullet$$

Correct Answer:

$$7y + 19$$

Their Answer:

$$7y + 19$$

$$\begin{aligned} 5y + 25 + 2y - 6 \\ = 7y + 19 \end{aligned}$$

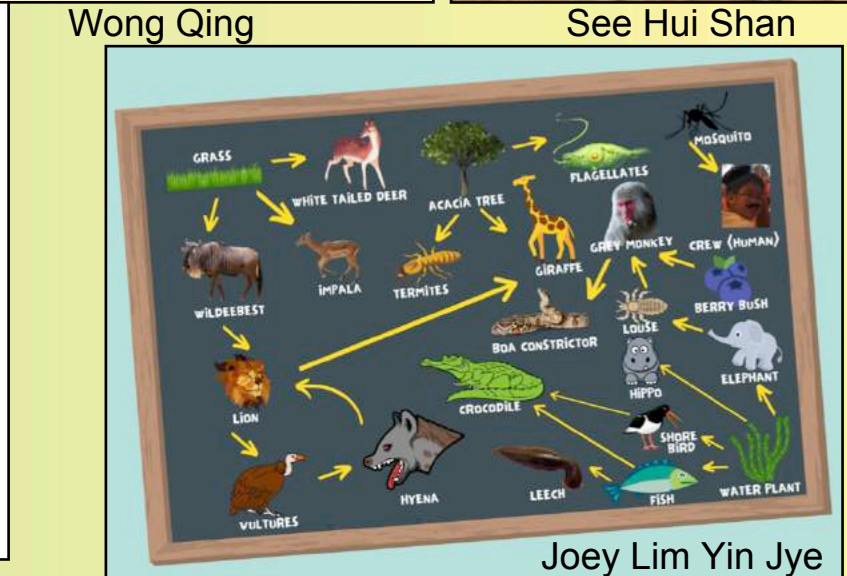
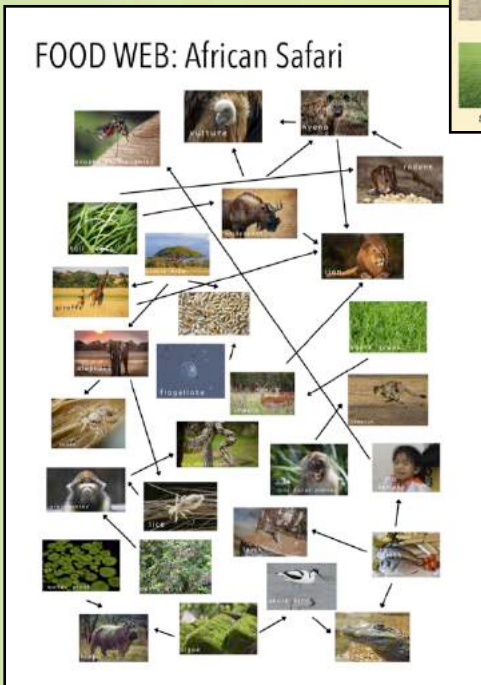
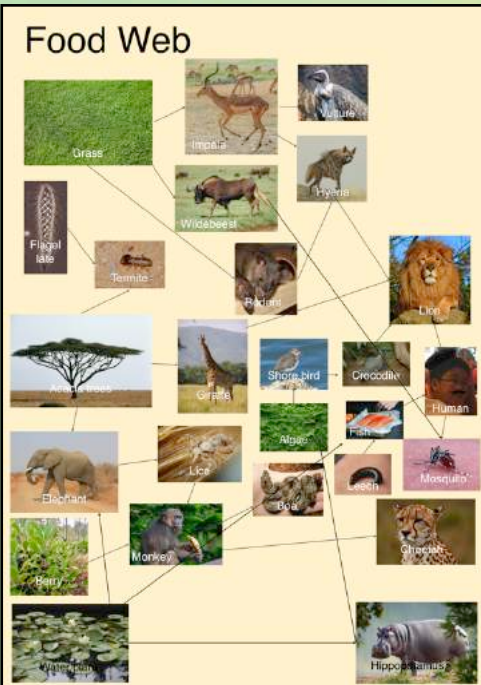
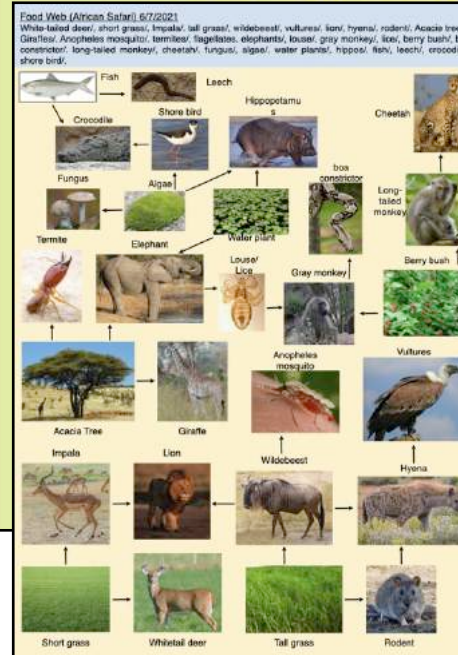
Bernice

Eason

YEAR 8 - SCIENCE

By conducting research and simulating a food web, students took a close look at the African safari ecosystem and discovered ways that plants and animals are connected to each other.

TRADITIONAL VALUES • GLOBAL VISION



Khaw Jin Xen

Hew Qiao Jie

Joey Lim Yin Jye



YEAR 9: ESL

WEATHER IDIOMS



Storm in a teacup - is an idiom meaning a small event that has been exaggerated out of proportion.

(Nothing serious, just a **storm in a teacup.**)

Raining cats and dogs - it is raining unusually or unbelievably heavy

(I think it's not safe to drive the car now - it's **raining cats and dogs.**)

The calm before the storm- a quiet period in which there is little or no activity, before a period in which there is a lot of trouble or intense activity.

(The family's meeting on property dispute begins today and I'm just sitting down with a cup of coffee, enjoying the **calm before the storm.**)

Face like thunder- a face that looks very angry

(My friend's face was **like a thunder** when a car hit his car on the highway.)



Colour Idioms

Green fingers - natural ability in growing plants
(I don't have green fingers as most plants I planted have died.)



Green fingers

Beet red - to redden in the face (due to embarrassment)
(My sister's face turned beet red when I caught her singing in front of a mirror.)

Black sheep - the odd or bad member of the group
(My eldest brother was the black sheep in our family. He dropped out of school at fifteen.)



BLACK SHEEP
(OF THE FAMILY)

Tickled pink - very pleased and appreciative
(My mom was tickled pink when my father brought roses home for her.)



Out of the blue - unexpectedly
(I got a phone call from a long lost cousin out of the blue last week.)



See red - be very angry
(I saw red when that man grabbed my sister's purse.)



Students researched different types of idioms as part of their descriptive writing activity.

Personality Idioms

Early bird
An early bird is someone who is early, in particular someone who gets up early in the morning.
- My mother is an early bird because she always wakes up early in the morning to prepare food for us.

Earth mother
The term earth mother refers to a woman who is very caring and maternal.
- My grandmother is an earth mother because she is very caring towards us.

Family man
A family man is someone who works to take care of the family.
- My father is a family man because he works to raise our family.

Good egg
A good egg defines a good person.
- My grandpa is a good egg because he always donates to people who needs help.

Smart cookie
Smart cookie means someone who is good and clever at dealing with something hard.
- My friend is a smart cookie because she is able to solve problems easily.

Teacher's pet
Teacher's pet means teacher's favourite student.
- He is my teacher's pet because he always makes jokes and makes the teacher laugh.

Busybody
Busybody defines someone who is overly interested in someone else's things/lives.
- My brother is a busybody because he always asks about what others are doing.

Gold digger
A gold digger is someone who get into relationships to get the other person's money.
- She is a gold digger, she only got into a relationship with him because he was rich.

Party pooper
Party pooper defines someone who ruins the fun in a party.
- He is a party pooper because he always ruins the party.

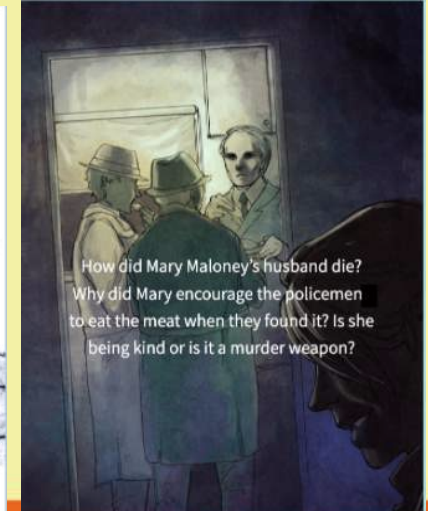
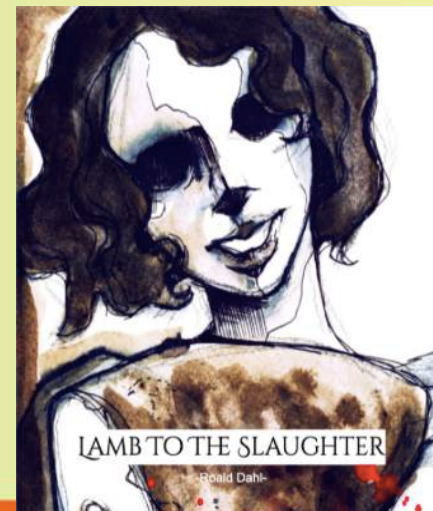
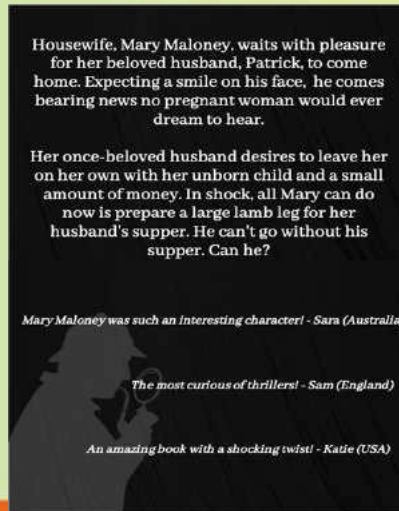
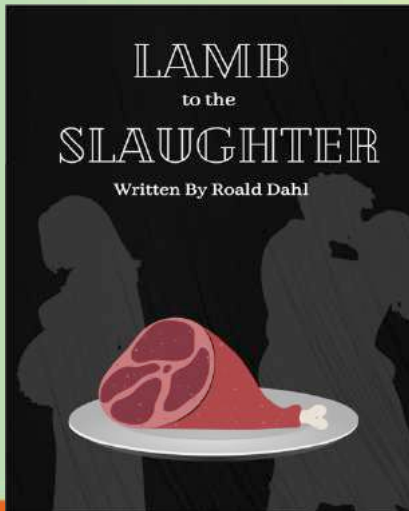
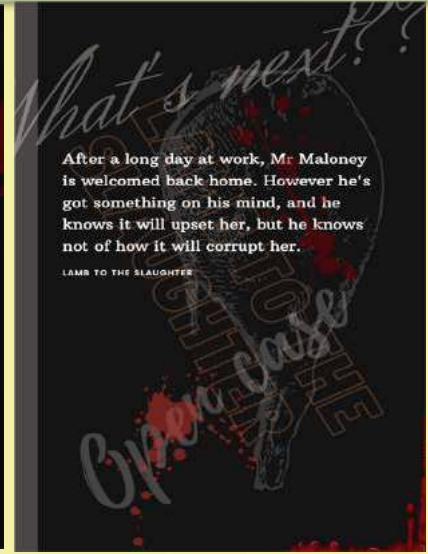
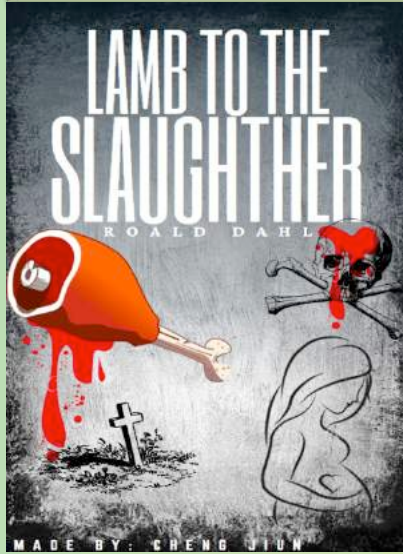
Worrywart
Worrywart is a person who worries too much about everything even when it's not important.
- My neighbour is a worrywart because she always worries about everything.





YEAR 9: ENGLISH LITERATURE

Students read the short story "Lamb to the slaughter" by roald Dahl and designed a front cover and a back cover with a blurb based on what they had read.





YEAR 10 CHEMISTRY

Year 10 students applied their knowledge and understanding of Chemistry to analyse and report about the issues related to our planet Earth including air pollution, water pollution, global warming and landfill sites.

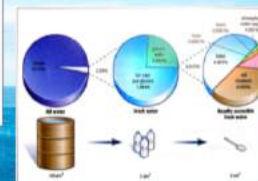
Chapter 1.3 & 1.4

By: Adriana & Khalyaanii

Seas and Rivers

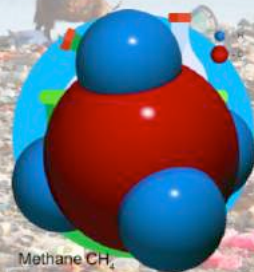
- Most of the earth is made up of water and is mainly seas and oceans
- There is less than 3% of freshwater
- Mostly salt water
- In the diagram less than 100dm³ of water is available for humans
- There would be enough but it is not distributed equally

- There are places that haven't rained for more than 10 years
- Water is essential to life but can carry diseases
- Polluted water kills millions of people every year
- It is important that the water we drink is treated to make it safe



Land Pollution

- Most of our waste material is buried and it can lead to many problems.
- Domestic waste (e.g food scraps, paper, bottles) should be recycled whenever possible.
- If it is left in landfill sites, it will decay which produces methane gas. This happens through a process called anaerobic decay.



By: Khalyaanii

Pollution of the Water Supply



Nitrate fertilisers can be washed into streams and farmlands.



Use of water for cooling (e.g. by industries) can release warm water into rivers.



Industries sometimes throw toxic and harmful substances into rivers.



Untreated sewage and animal waste can be released into rivers.

By: Khalyaanii



Year 10 Chemistry

Planet earth

Section: 1.1 and 1.2

Valerie & Adriana

Pollution in the air.

LEAD IN PETROL

Causes:

- using leaded petrol (petrol with tetraethyl lead) and burning it

Consequences:

- a toxic metal is released after burning
- when ingested, can result in learning difficulties in children even in small quantities
- lead is hard to get rid of once it is in the body, so large amounts can build up overtime

Solutions:

- decreasing the use of lead petrol
- now, only a handful of countries still use lead petrol

Pollution in the air.

ACID RAIN

Causes:

- nitrogen dioxide, produced when air is heated in furnaces, dissolves in rainwater

Consequences:

- limestone buildings are worn away
- lakes are acidified
- metal ions washed out of the soil can damage fish gills, which is potentially lethal
- trees die because nutrients are leached out of soil and leaves
- other countries get acid rain as well when wind blows the acid rain clouds towards them
- **photochemical smog** is created, which can cause breathing problems esp. with asthmatic people

Solutions:

- add lime to lakes to decrease acidity (neutralisation)
- use "scrubbers" at the source of nitrogen dioxide production, e.g. power station furnaces. This filters the acidic gases through alkaline substances like lime to reduce the acidity and therefore harmfulness of the gases when they're released

Global warming and greenhouse effect

- Carbon dioxide and methane together with water vapour and oxides of nitrogen are causing global warming due to greenhouse effect.
- If there are too much gas in the atmosphere the earth will get warmer and this causes problems.

Carbon dioxide

Carbon dioxide enters air through respiration and burning. Burning less fuel and planting more trees can help to reduce the amount of carbon dioxide escape.

Problems that caused global warming:

- Glaciers will melt which can cause rise sea level and low-lying land will be flooded.
- Surface temperature of the earth will increase. which can cause people having less water
- Severe weather events will increase in frequency.
- difficult to grow crops.

Methane

Methane is produced by cows. It emerges mostly from the mouth. It is also produced by the decay of food and other dead organic matter.



YEAR 11 ICT

The students learnt basic programming concepts such as variables, data types, looping, conditional statements and functions using C++ programming language.

```
main.cpp
1 #include <iostream>
2
3 using namespace std;
4
5 int main()
6 {
7     cout<<"Hello World"<<endl<<endl;
8
9     int x = 0;
10
11     while (x<3){
12         cout<<x<<". Kai Jing"<<endl;
13         x++;
14     }
15
16     cout<<endl<<"Current value of x: "<<x<<endl;
17     return 0;
18 }
19
```

Hello World

0. Kai Jing
1. Kai Jing
2. Kai Jing

Current value of x: 3

...Program finished with exit code 0
Press ENTER to exit console.

```
main.cpp
1 #include <iostream>
2
3 using namespace std;
4
5 int main()
6 {
7     cout<<"Hello World"<< endl;
8
9     for(int x=1; x<=3; x++){
10         cout<<x <<". Hello Jia Ai"<<endl;
11     }
12
13     return 0;
14 }
15
16
```

Hello World

1. Hello Jia Ai
3. Hello Jia Ai

...Program finished with exit code 0
Press ENTER to exit console.

Our academic year is almost coming to an end. It is a bittersweet moment for the senior prefects as we will be mentoring next year. To end our final newsletter we would like to share some heartfelt messages:

It was a fun year for me and my friends to take the lead in the prefects' board and I wish we could do it again someday -Kaylyn Lee

It has finally come to the end of being part of the prefects. I enjoyed being the secretary and I also have learnt a lot through this journey, having no regrets. I wish the upcoming prefects good luck and enjoy :) -Tiffany Woo (Secretary)

It was a fun journey throughout my whole prefect experience. I learned many things and have met many awesome students. I wish everyone success and good luck! -Adriana Syasya (Event Manager)

It was an enjoyable experience being a prefect. I gained leadership skills after helping with many school events. I wish all the future prefects good luck. -Vincent Fong

It has been a delightful experience working with my fellow friends on the prefectorial board. I truly appreciate the knowledge and teamwork skills I have gained. I wish the upcoming prefects all the best and I am thankful to have had the chance to be a part of this community! -April Yeoh (Head Prefect)

Being a prefect taught me many valuable life skills and I'm grateful I had the opportunity to be part of the prefects' board! - Valerie Tai

I am grateful for the opportunity to be a prefect. It added a little excitement to secondary life and thank you to all the prefects for making it a memorable experience! Wishing future prefects the best of luck! -Jesselyn Ho

Pastoral Care Article

What Parents Can Do About Kids Lying?

It is first important to think about the function of the lie. What kinds of lies, what are the circumstances of the lies? Behavioural treatments depend on the function of the lies and the severity of the problem. Different levels mean different repercussions.

Level 1 lie

When it comes to attention-seeking lying, it's best to ignore it. Rather than saying harshly, "That's a lie. I know that didn't happen to you." This is especially true if the lying is coming from place of low self-esteem. For these kind of low-level lies that aren't really hurting anyone but aren't good behaviour, ignoring and redirecting to something that you know is more factual is the way to go.

Level 2 lie

If that doesn't work, Dr. Rouse says, parents can be more transparent about it by offering a mild reprimand. "I've had situations where it's an inflated kind of fantastical type of lie," he says. "I'll have parents label it and call it a tall tale. If the child is telling one of these stories, a parent will gently say, 'Hey, this sounds like a tall tale, why don't you try again and tell me what really happened?' " It's about pointing out the behaviour and encouraging kids to try again.

Level 3 lie

If something is more serious, like older kids lying about where they've been or whether they've done their homework, parents can think about having a consequence. Kids should be clear that there will be repercussions for this kind of lie, so it's not coming out of the blue. Like all consequences, it should be something short-lived, not overblown, which gives the child a chance to get back to practising better behaviours. Some examples: losing her phone for an hour or having to do a

Ways to help your kids avoid lying in the first place

Let them know that truth reduces consequences

Parents can praise the child for telling the truth and tell them it makes them more trustworthy. They might also reduce the consequence, such as letting kids know they're taking their phone away for a day instead of a week.

Use truth checks

Dr. Brady suggests that parent give their kid a chance to tell the truth. If she doesn't at first, the parents could say, "I'm going to walk away and give you 10 minutes and then I'm going to come back and ask you again. If you change your mind and want to give me a different answer, it's just a truth check and you won't get in trouble." This technique isn't for a child who chronically lies.

Use the preamble method

Parents can also set up kids to tell the truth by reminding them that they don't expect perfection. Parents could say, "I'm going to ask you a question and maybe you're going to tell me something I don't really want to hear. But remember, your behaviour is not who you are. I love you no matter what, and sometimes people make mistakes. So I want you to think about giving me an honest answer." Giving kids a chance to reflect on this may lead to them telling the truth.

What parents shouldn't do

❖ Don't corner your child

Go right to the issue and discuss it. Instead of asking a child if he didn't do his homework a parent could just say, "I know you didn't do it. Let's talk about why that's not a good idea."

❖ Don't label your child a liar

The wound it creates is bigger than dealing with what he lied about in the first place.

Sport House Points

Total: 7009

Merit Points for
the week: 2460



Total: 9188

Merit Points for
the week: 2988



Total: 6442

Merit Points for
the week: 2789



Total: 6521

Merit Points for
the week: 2118

