



## STAR OF THE WEEK

The *Star Of The Week* for this edition of the Newsletter is another gem in our midst with outstanding personality; who not only works hard but also has a heart.

Eryssa Binti Mohd Nazrul of Standard 4 is a no-nonsense girl who always stay focused during every lesson, and is responsive during interaction time in class.

Eryssa is helpful, especially when approached by her juniors who have problems with their school works. Even during break times, she is often seen guiding the junior students.

Eryssa has a younger brother who is in the class next door; whom she adores. Very often, she goes over to him to check if her little brother needs help.



**Eryssa Bt Md Nazrul**

**Newsletter 2021**

Semester 1, Week 15 & 16



What happened on the 22 April 2021 caught all of our school staff unprepared, resulting in slight hiccups organising the online lessons; not to mention the disruption to parents' work schedule having to arrange transport to send them back. We sincerely apologise.

Disinfection and fumigation operations on the whole campus started immediately with particular attention given to the classrooms affected. Relevant local authorities were informed in accordance with the emergency response SOPs.

We will reopen schools on the 26 April 2021. Until then, we urge parents to be more cautious and to supplement our effort by refraining from congested public places to avoid bringing the virus home. Should there be any suspected cases in the family; unconfirmed cases pending test result involving members of the family; or if your child himself / herself does not feel good in the morning; please keep the child at home until all the uncertainties above are clarified.

On the administrative front, Mr. Lim's medical condition has left SRRK without a full-fledged Principal for two months now, and we realised that this situation should not carry on for any longer, so we would like to invite you to join us in welcoming Ms. Loy Liang Hui as the next Principal of SRRK.

Ms. Loy has a Master In Science and a Bachelor Of Education (Educational Administration). She has served many years in another private school at the school management level and as a school Principal. Being an experienced Instructional leader, we trust that she will make a difference to the learning environment of the school.

We look forward to your continued support and cooperation.



**Ms. Loy Liang Hui**





Our school counselor has recently conducted a study to understand why some of our students have low self-esteem, and how to help them. After conducting “casual” chat sessions with them, she finds out the following:

CHARACTERISTICS (LOW SELF-ESTEEM)	CAUSES	ADVICE
Dissatisfied with oneself.	Poor academic performances.	Teachers and parents give positive encouragement.
Silent frustration.	Strength in other areas not noticed.	Show appreciation for non-academic talents as well.
Not sharing anything with parents.	Busy parents, neglect.	Allocate family time.
Play mute with some teachers.	Teacher too academic centered.	Teacher to care about students' feeling too.
Comparing negatively with others.	Teachers too performance oriented.	Offer most of your praises for effort, progress, and attitude instead of results.
Unhappy, sad, quiet.	Overly strict parents. Scolding by them.	Patience, soft approach, “listen” to them.

Given below are the comparisons:

KIDS WITH HIGH SELF-ESTEEM	KIDS WITH LOW SELF-ESTEEM
Being liked and accepted by others.	Self pity.
Have self confidence.	Feel inferior to others.
Feel proud of their abilities.	Failful of failure.
Always think positive.	Always think negative.
Believe in themselves.	Doubt they can do things well.



## WHY DOES SELF-ESTEEM MATTERS?

Kids who feel good about themselves have the confidence to try new things. They are more likely to try their best. They feel proud of what they can do. Self-esteem helps kids cope with mistakes. It helps kids try again, even if they fail at first. As a result, self-esteem helps kids do better at school, at home, and with friends.

Kids with low self-esteem feel unsure of themselves. If they think others won't accept them, they may not join in. They may let others treat them poorly. They may have a hard time standing up for themselves. They may give up easily, or not try at all. Kids with low self-esteem find it hard to cope when they make a mistake, lose, or fail. As a result, they may not do as well as they could.

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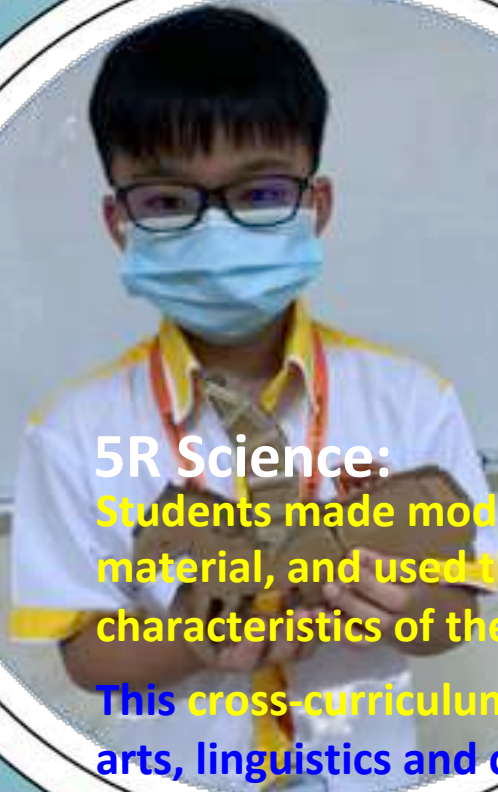
## Lesson Highlight: **PENDIDIKAN ISLAM STD 1**

### **Practical Wuduk Session**

1R Muslim students really enjoyed the practical wuduk session in the prayer room this week. Wuduk is the Islamic procedure for cleansing parts of the body. The students start by washing the face, arms, wiping the head and finally washing the feet.

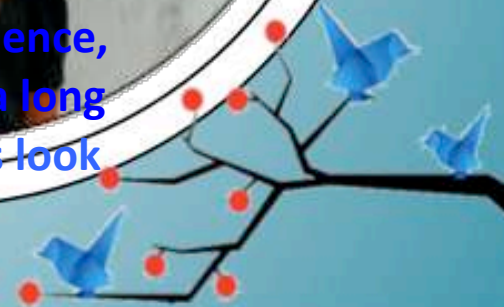






**5R Science:**  
Students made models of animals using recycled material, and used them to do presentation on the characteristics of the animals.

This cross-curriculum learning activity involving science, arts, linguistics and conservation awareness goes a long way to encourage creative thinking when students look at an object from a multiple perspectives.





Value in the lesson - Perseverance:

The teacher designed this activity based approach to instill the above value. The lesson takes the students through the process of choosing a nice message, writing it down in Mandarin, seeing the origami boat takes shape, and the eventual ceremonial presentation of the boat to a friend; do bring home a point - good thing comes eventually if you diligently pursue it.







To further the Nature element in CCA this week, we engaged students in poster design activity.

The title “Let’s Fight CIVID-19 Together” could not be more appropriate at a time like now.

We hope to reinforce the awareness of COVID SOPs so that the urgency of the need to stay safe to protect one self and also others become the top priority in the daily life of our kids. We want them to also see the fragility of our environment and the even more dire need for its conservation.







Students came to school dressed in smart-casual clothing of their choice last week and each and everyone of them get the opportunity to demonstrate his / her unique skills. A variety of performances were presented by the students themselves such as singing, story-telling, fun riddles, poem recital and many more. The students enjoyed the occasion.







**Rafflesia**  
INTERNATIONAL & PRIVATE SCHOOLS

SEKOLAH RENDAH RAFFLESIA KAJANG

ECA - English Talent Showcase 2021<sup>+</sup>

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